### DISCOVER EUROPE'S WORLD HERITAGE SITES

EXPERIENCE EUROPEAN HISTORY AND CULTURE AND EXPLORE ITS CROWN JEWELS AND HIDDEN GEMS THROUGH WORLD HERITAGE JOURNEYS OF THE EUROPEAN UNION.



### **Travel Differently.. Travel Deeper**

Europe is packed with history and culture and overflows with stories and legends... so much that it's hard to know where to start your European journey or how best to experience and understand its rich heritage.

To help, National Geographic and UNESCO, with the support of the EU, have created a new online guide to help you plan an epic European holiday... beyond bucket lists and selfie shots

features rich profiles of iconic and less-known World Heritage sites, including their history and significance and insider tips on the best things to see and do to truly experience these places of outstanding universal value.















NATIONAL GEOGRAPHIC

**Explore Palaces and Gardens** the Hidden Underground Romantic Views **Ancient Wonders** 

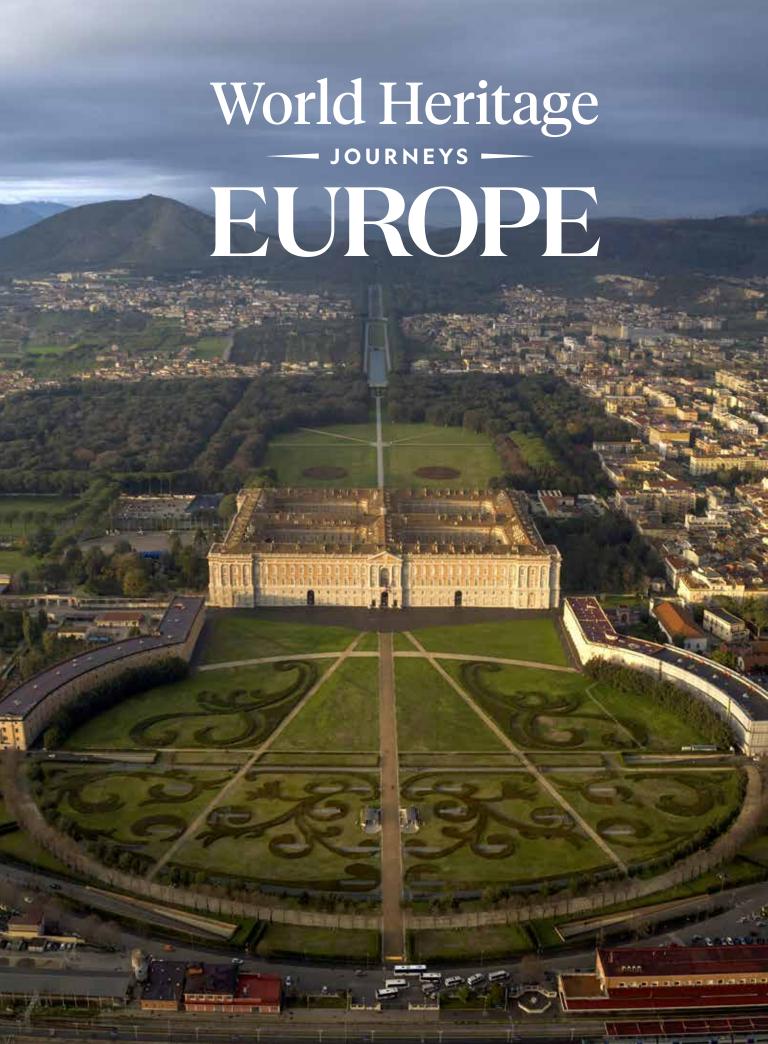
# World Heritage

JOURNEYS

# EUROPE

**Explore European History and Culture** 









### Cradle of Modernity

European culture may not be the world's oldest, but it has had an outsized impact on human history. Its rich heritage has shaped the modern world in countless ways.

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nderstandably, Europeans are proud of their heritage—both the tangible in the form of architecture, painting, sculpture, and engineering, and the intangible, expressed as music, dance, literature, cuisine, and more. Their deep appreciation of their common heritage inspired them to help found the United Nations Educational, Scientific and Cultural Organization (UNESCO) in 1945, then the World Heritage Convention\* and World Heritage List in 1972, in which 193 nations around the world agreed to identify, nominate, and safeguard their places of "outstanding universal value." They are wonders, these places, and have been designated as such-protected and preserved not just for the benefit of one region or nation, but for all of humanity.

But just because they are designated World Heritage sites, it doesn't mean they aren't vulnerable to the ravages of both time and tourists. How can travelers enjoy these treasures sustainably, soaking in their rich cultural heritage without damaging what makes them special? For one, get off the beaten path. This book highlights some of Europe's lesser-known World Heritage sites and their surrounds, all of which are worthy of a visit. It also explores unique ways of experiencing some of Europe's most popular heritage sites: why not get away from the throngs inside the Palace of Versailles, for instance, and head out into its magnificent gardens—the horticultural blueprint that defined royal gardens forevermore?

These 34 destinations are some of Europe's greatest treasures. They represent great achievements of civilizations gone by, from extensive gardens that came to define the notion of beauty to underground labyrinths whose riches built empires. Each themed chapter illuminates a different side of Europe's heritage, from the ancient to the royal and the romantic to the world beneath our feet. We step off the well-trodden track, unearthing surprising stories and precious sites in a way that also helps preserve them.

\* Officially titled the Convention concerning the Protection of the World Cultural and Natural Heritage - https://whc.unesco.org/en/convention.

WORLD HERITAGE JOURNEYS | EUROPE

### **Our Shared Heritage**

The sites within these pages are special, deemed worthy of preservation and protection for the treasures they offer to the world. But to appreciate the value of Europe's World Heritage sites, it's important to understand what heritage is and what it means.



Picture and caption TK

hat is heritage? In essence, it is something of value inherited or handed down from the past. It comes in two guises: first there is tangible heritage, which includes physical objects or properties, from colosseums and aqueducts to royal gardens and underground mines. And then there is intangible heritage: history, traditions, and practices from the past, from human towers to wine and beer making.

Some pieces of heritage are cultural, created by people over the centuries—many represent some of our greatest achievements in architecture, art, and design. Others are natural pieces of heritage created by Mother Nature. All represent some of history's finest and most precious work.

The tradition of protecting and conserving heritage goes back to ancient times, when people sought to protect sacred groves and mountains, churches and waterways that mattered to a particular community. In 1972, the world's countries came together under the auspices of UNESCO to

formally recognize heritage of universal value and importance not just to one community, but to all of humanity. It was posited that their loss would constitute an impoverishment of the world's joint heritage, and thus we must protect these places agreed to have "Outstanding Universal Value."

But what gives a heritage site such value? It can a place that represents a masterpiece of human creative genius, like the Pont du Gard aqueduct in France (page 206). It can showcase important innovations in architecture, technology, art or planning, like the romantic streets of Bruges in Belgium (page 36) or the gardens at Versailles (page 101). It can stand as an outstanding example of settlement or land use, or as a unique testimony to a cultural tradition or civilization living or long gonethe vast network of wine cellars in Champagne, for example (page 78). Always, a World Heritage property has to meet these criteria: integrity (wholeness and intactness) and authenticity (true expression of cultural values), and thus prove itself worthy of special protection against the dangers that continue to threaten it in an ever-more crowded and changing world.

But who will protect these places? The truth is, no one of us can do it alone. It will take all of us: conscientious travelers, local communities and indigenous people. It will take experts willing to teach the practices of sustainable tourism and the development of local tourism-based businesses. It will take hotels, tourism companies and global brands coming together to provide the resources to do it. A weaving together of talents, time, energy, business and community.

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### ANCIENT EUROPE

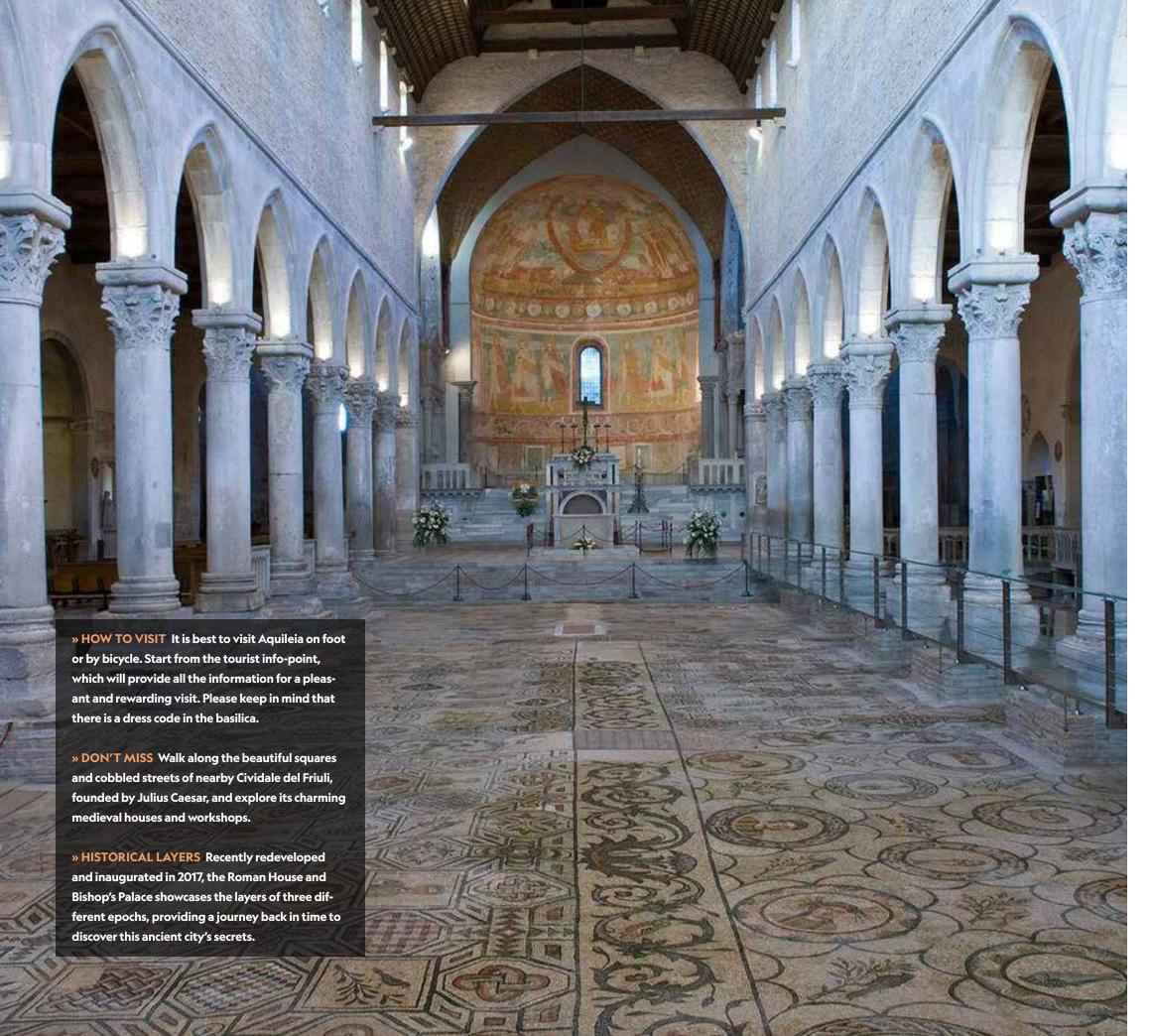
A modern-day journey to these gems of ancient Europe can feel like taking a trip back through time. From the temples at the heart of the first Olympic Games to the birthplace of modern medicine, these remnants of bygone empires scattered across the continent stand as testaments to the incredible ingenuity of the ancient world.

During an era of epic myths and legends, ancient Europe saw huge advances in fields like medicine, mathematics, theater, agriculture, and urban design. There are grand aqueducts that redefined life in the city in ways that still reverberate today; amphitheaters where drama entertained crowds millennia ago; frontier cities where modern-day visitors can explore the same streets centurions once marched along.

Wandering these ancient paths invites us to experience the genius of the classical world. But ultimately, a journey through ancient Europe is not just a trip back through time. It also gives us a connection to the remarkable creations that define our lives today and lets us bask in the rich culture that has grown up around these icons, appreciating the present-day heritage that brings them to life.

Every June, the Pont du Gard is beautifully illuminated during the Les Fééries du Pont pyrotechnics show.





### ITALY

### Aquileia

### ARCHAEOLOGICAL AREA AND THE PATRIARCHAL BASILICA OF AQUILEIA

Though lesser known than nearby Venice, this city was once one of the most important and liveliest hubs of the Roman Empire. Today it is a small, charming town that's also an artistic and historical treasure trove. Most of its ancient wonders lie underfoot, unexcavated, making it one of the greatest archaeological reserves of its kind.

Founded in 181 B.C. and destroyed in

A.D. 452 by Attila the Hun, the site's basilica and floor mosaics date to the beginning of the 4th century. The mosaic floor artwork of the Roman period was beautiful, but it was about more than aesthetics. In homes, they were a symbol of wealth and power. In churches, they

helped religious leaders tell stories of faith. With more than 1,400 square feet (1,300 m²) of such mosaics, the basilica offers one of the largest and best-preserved examples in the Christian world. A clear, elevated pathway lets you float right over them, seeing these masterpieces in great detail.

You can also see the markets, the Forum where trading once took place, the Sepolchretum (cemetery), and more. The National Archaeological Museum of Villa Cassis is one of the must-see archaeological museums in Northern Italy. Join one of the "open days" and take a behind-the-scenes tour through some of the most significant sites. You may come to marvel at the ancient art underfoot, but you will stay for the region's beauty and deep heritage.

The basilica's collection of floor mosaics (left) is one of the finest in the world. This small, charming town (above) is perfect for exploring on foot.

### **BULGARIA**

### Nessebar

ANCIENT CITY OF NESSEBAR At the cross-roads of culture, Nessebar was the starting line for many European concepts we take for granted today. Originally a Thracian settlement, it became a Greek colony and trading city at the beginning of the 6th century B.C. and was a part of the Delian League, an alliance of ancient Greek states. During the centuries that followed, it remained a strategic nexus for the cultures and epochs that passed through it.

But the peninsular town possesses more

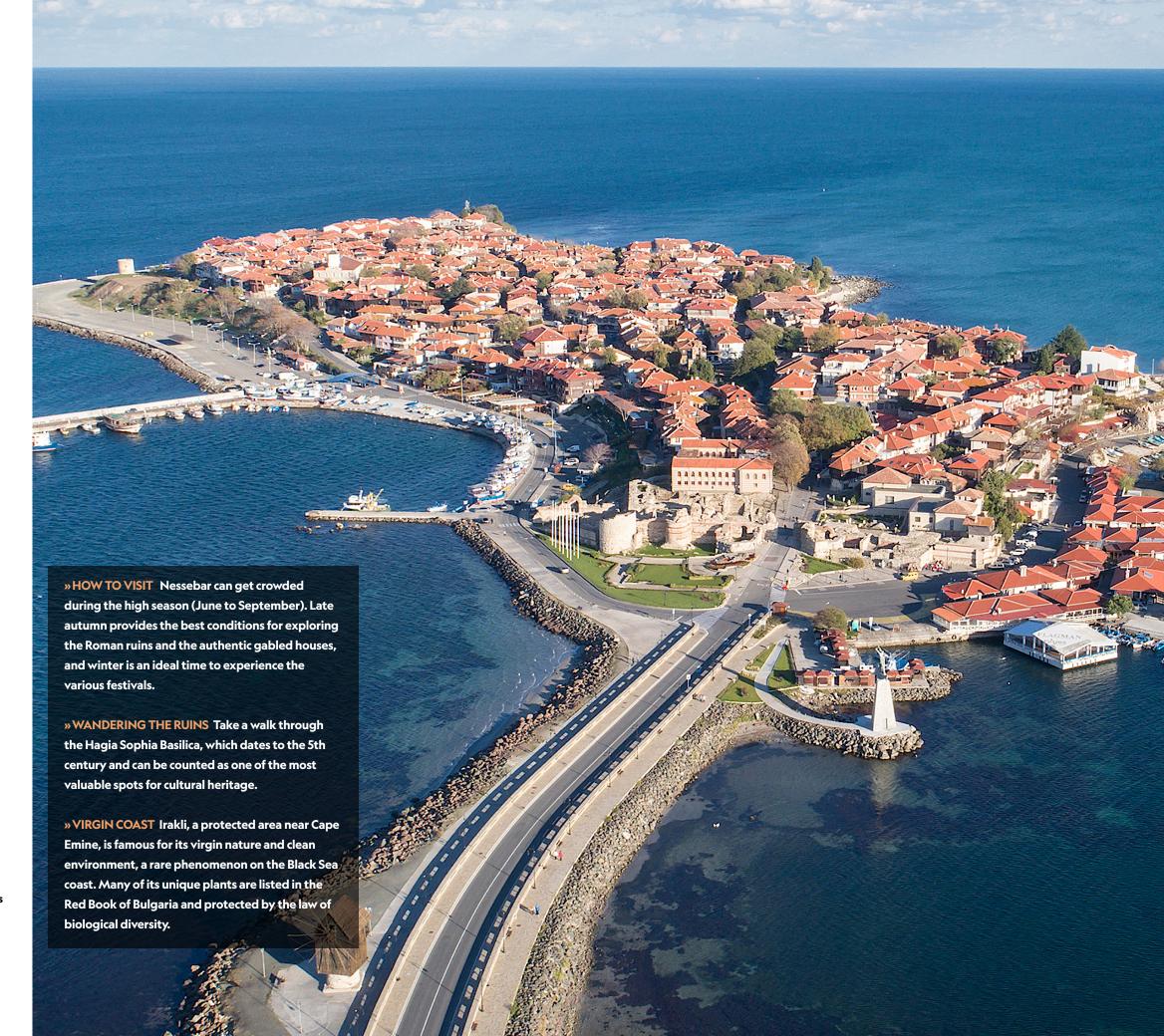


than the remains of an assortment of iconic eras. This hub on the Black Sea changed the world because the very concept of money was pioneered here. As an important trading city, Nessebar was one of the first places in the world to start making coins.

Bronze and silver ones were minted here in the 5th century B.C., while gold coins started appearing in the 3rd century.

Today, you'll find the preserved remains of eras gone by—Roman and medieval walls; Byzantine and Bulgarian churches; and 18th and 19th-century houses. The maze of cobblestone streets encourages aimless wandering through the historic city, contained within a small, rocky peninsula. Once you enter the narrow gate in the ancient fortress wall, you'll find yourself in a remarkable neighborhood with memories from thousands of years of civilization. A lively trading atmosphere lives on, with street vendors selling art and handicrafts. The city is particularly proud of its churches, which offer glimpses into ancient traditions.

The ancient city of Nessebar (right) is contained within a small, rocky peninsula. The beautiful remains of the Hagia Sophia Basilica (above).



### **GERMANY**

### **Trier**

### ROMAN MONUMENTS, CATHEDRAL OF ST. PETER AND CHURCH OF OUR LADY

It's hard to imagine that beautiful, unassuming Trier was once one of Rome's greatest cities. But two millennia ago it became a capital of the Western Roman Empire, the largest urban center north of the Alps. Emperor Constantine used it as a base as he cemented the spread of Christianity across Europe; testaments to his faith make up some of the most important buildings in Trier today. The number and



quality of the surviving monuments are an outstanding tribute to Roman civilization, and Trier is a singular place to learn about this important part of ancient history.

Start a walk through Trier at Porta Nigra (Black Gate), the largest Roman gate north of

the Alps, which was built around 170 A.D. with some 7,200 stone blocks. A climb to the top offers magnificent views over the city. From there, a short walk leads to the oldest cathedral in Germany, which is open to the public, and the Aula Palatina, where Constantine once sat upon his throne. If it's living history you're after, explore some of Trier's medieval residences: half-timbered houses from the Renaissance, electoral buildings, and Karl Marx's birthplace.

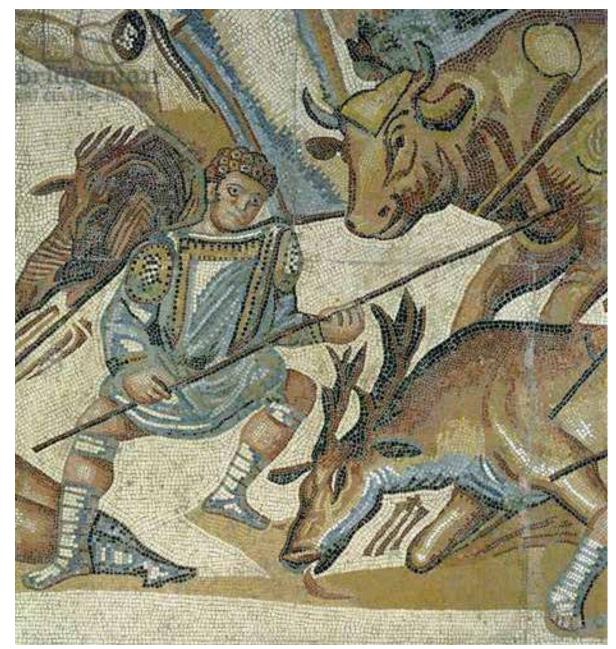
Just because Trier is one of Germany's oldest cities, that doesn't mean it acts old. This is an independent city--as well as a bishop's and a university city--where you can experience a journey through time and a modern night out, reveling in the scenery as its citizens have been doing for 2,000 years.

Porta Nigra (right), or "Black Gate," was built around 170 A.D. Liebfrauen, Germany's oldest Gothic church (above)



### **Ancient Innovations**

Europe's ancient world was one of invention and progress. Expanding empires and trade across borders pushed the ancients to come up with new ways to travel and communicate, as well as ingenious innovations in architecture and infrastructure that we still use today. These are just a few of many.



The ancients used ingenious engineering to build amphitheaters where gladiatorial and theatrical dramas would unfold.



The theater at Epidaurus in Greece

#### AQUEDUCTS

Aqueducts were instrumental in the creation of the Roman Empire. Though such innovations for carrying water from one place to another existed in the Near East long before Rome first constructed them in the 3rd century B.C., the Romans introduced sophisticated features that saw them built on a much grander scale. Roman aqueducts used gravity, not pumps, to usher water into cities, built with a gentle downward slope. Many of them lay underground, only turning into the iconic aboveground archways we know today (see Pont du Gard, page 26) where the terrain demanded it. The channels were kept covered to protect the water's purity, with tanks where impurities were collected and stored. Until relatively modern times, the technology the Romans honed remained unsurpassed.

#### **AMPHITHEATERS**

Amphitheaters were at the heart of ancient city life. They were places where drama unfolded: concerts, mock naval battles, and fights between gladiators. We don't know when the first amphitheater was built, but the Romans didn't invent the concept—one of the earliest known examples was found in Pompeii, dating to around 76 B.C. The ancient Greeks favored semicircular theaters, often built using natural hillsides and embankments,



Pont du Gard, the tallest of Rome's iconic aqueducts



Rome's Acta Diurna newspaper

but the Romans preferred them fully enclosed. One of the most famous, the Colosseum, was built with an early concrete called *opus caementicium*: another Roman innovation. Opened in 80 A.D., the Colosseum could hold 50,000 spectators. It even had an awning, called a *velarium*, that could be pulled out to provide shade for the crowd.

#### **NEWSPAPERS**

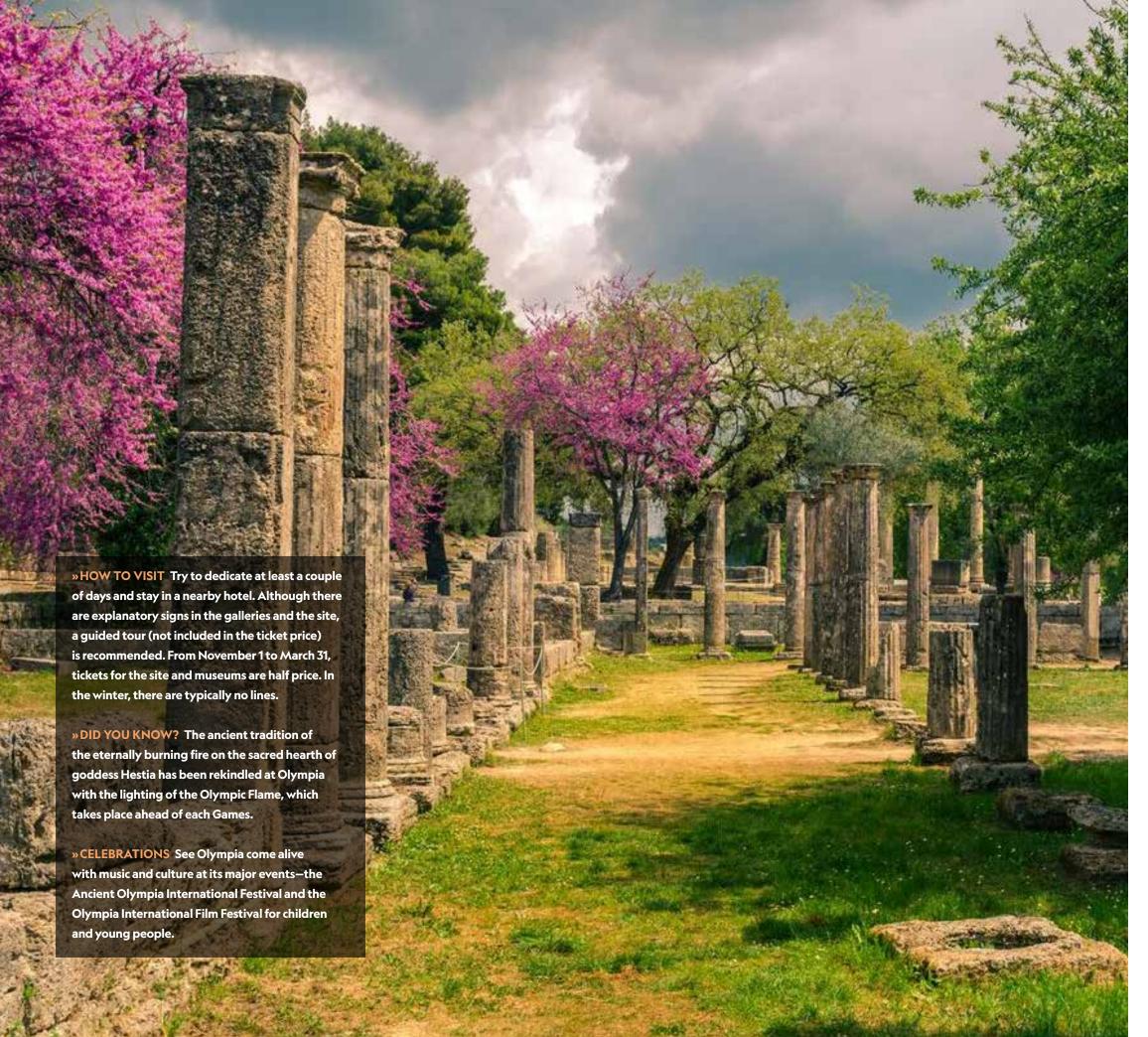
Around 131 B.C., something revolutionary appeared in Rome: the ancient world's first newspaper. The Acta Diurna, or "daily acts," were filled with Rome's political and social news: everything from military conquests and gladiatorial bouts to notable births and the price of grain. They were inscribed on stone or metal and displayed in busy spaces where everyone could catch up on the news. The Acta Diurna was published for decades and is considered a precursor to the modern newspaper.



An ancient Roman road

#### ROADS AND HIGHWAY SYSTEMS

There is history behind the proverb "all roads lead to Rome." At the height of its power, the Roman Empire sprawled across a staggering 1.7 million square miles (4.4 million km<sup>2</sup>), and to run it they needed an extensive road system. What they created stretched for 50,000 miles (80,000 km) and was the continent's most sophisticated highway system. Ingenious surveyors figured out where to lay the roads, often in unknown terrain, and then engineers built them with dirt, gravel, and bricks. They were strict about their standards: all roads had to be stick straight, except where they had to curve to allow for drainage. Roman legions could travel up to 25 miles (40 km) a day on them. This highway system included many features we recognize—mile markers, a system of signs, and a highway patrol—and some of the roads are still used today.



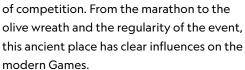
### GREECE

### **Olympia**

#### ARCHAEOLOGICAL SITE OF OLYMPIA

Olympia was the birthplace of the Olympic Games—the ancient world's most famous and important sporting event—and paid homage to the finest athletes. But Olympia was not just used every four years to laud mortals. It was also a place where remarkable works of art and culture were created to worship Zeus, father of the Greek Olympian gods. It is this melding of history, religion, and the molding of modernity that makes this site so special.

Olympia dates back to the end of the final Neolithic period and is considered one of the most important places to trace the roots of Western society. The Olympic Games, first held here in 776 B.C., were about sport, but also represented peace and the nobility



Stepping into the stadium, you imagine the roar of the crowd. This is the same track where athletes raced for glory millennia ago. The remains of dozens of buildings and temples sit among the shade of trees. Here you will find the remains of shrines to the gods and ancient sanctuaries, as well as remnants of the earlier Games: the stadium and the hippodrome, the thermal baths, the palaestra and the gymnasium. Take in the many artistic masterpieces that have survived here: large votive archaic bronzes, pedimental sculptures and metopes from the temple of Zeus, and the famous complex of Hermes by Praxiteles.

At Olympia (left), explore tracks once walked by athletes and worshippers. The Olympic Games still begin with the lighting of the Flame at Olympia (above).



### **SPAIN**

### **Tarragona**

#### ARCHAEOLOGICAL ENSEMBLE OF TARRACO

Call it what you want—the blueprint for Rome's success or the showcase for historic engineering—Tarraco was a monumental architectural achievement. It was the oldest Roman settlement on the Iberian Peninsula, established in the 3rd century B.C. Located in the port city of Tarragona, south of Barcelona, surrounded by white-sand beaches and coves that remain virtually unaltered since ancient times, a visit to the City of Eternal Spring will immerse you in the ancient world.

As the Romans expanded across Europe, the empire developed new techniques for urban design. In ancient Tarraco, architects took a giant step into modernity when the city started using the area's natural landscape to their

advantage—and altering it where necessary. The defensive system of walls around the ancient city is one of the earliest examples of Roman engineering, which inspired other capitals in the Empire to follow suit.

A walk through the city reveals the area's wide range of ancient buildings woven around more modern structures. Explore the 2nd-century Amphitheatre of Tarragona, the beachside site of gladiatorial fights and public executions. Or the Roman Circus, a 30,000-capacity entertainment center used for horse and chariot races as early as the 1st century and considered one of the best-preserved circuses in the West. Climb the Praetorium, a Roman-era tower that was transformed in the 12th century into a palace for the monarchs of the Crown of Aragon.

Marvel at the Amphitheatre of Tarragona (left), once the site of gladiatorial battles and executions. Apostles gaze down from the Tarragona Cathedral (above). Wander the Balcó del Mediterrani and its expansive views of the coastline—according to local legend, touching its singular railing ("tocar ferro") will bring good luck. A highlight of a stay in Tarragona is the 12th to 14th century Cathedral, built in the highest point of the capital on the same site as the Roman temple, which also houses the impressive Diocesan Museum. The soaring entrance and rose window of its façade are one of the city's most emblematic images.

The city really comes alive during its festivals and historical reconstructions, which let visitors feel like they are traveling back through time. Castells—the human towers the area is famous for—play a starring role in all of them. Take a guided walking tour to discover fascinating facts and anecdotes about the rich history of Tarragona, and download the Imageen augmented reality app and hold your phone up in places like the Amphitheater to experience the chariot races and gladiatorial fights of old. Make sure to try the city's UNESCO-recognized Mediterranean cuisine, featuring traditional components like *romesco*, and, above all, fresh seafood and rice dishes.

There are endless ways to enjoy the city's vibrant culture while walking among the remains of one of the greatest Roman frontier cities in Europe.

### **New Heights**

In Tarragona, castells—the human towers formed by groups of people of all ages that can reach up to ten levels in height—are a deep-rooted tradition closely followed by the locals. The teams practice in the plazas, to the delight of tourists and locals, from June to September. In October of ever year ending in an even number, the city plays host to the largest castells competition in the world. These towers have been included among the traditions on UNESCO's Intangible Cultural Heritage list.



### **FRANCE**

### Pont du Gard

PONT DU GARD Built shortly after the Christian era across the Gard River, the Pont du Gard is an absolute triumph in Roman aqueduct construction and considered among the best-preserved aqueducts today. The architects and hydraulic engineers who designed this bridge, which stands almost 165 feet (50 m) high and consists of three levels, the longest measuring some 900 feet (275 m), created a technical and artistic masterpiece against the rocky backdrop of the Garrigues. The structure

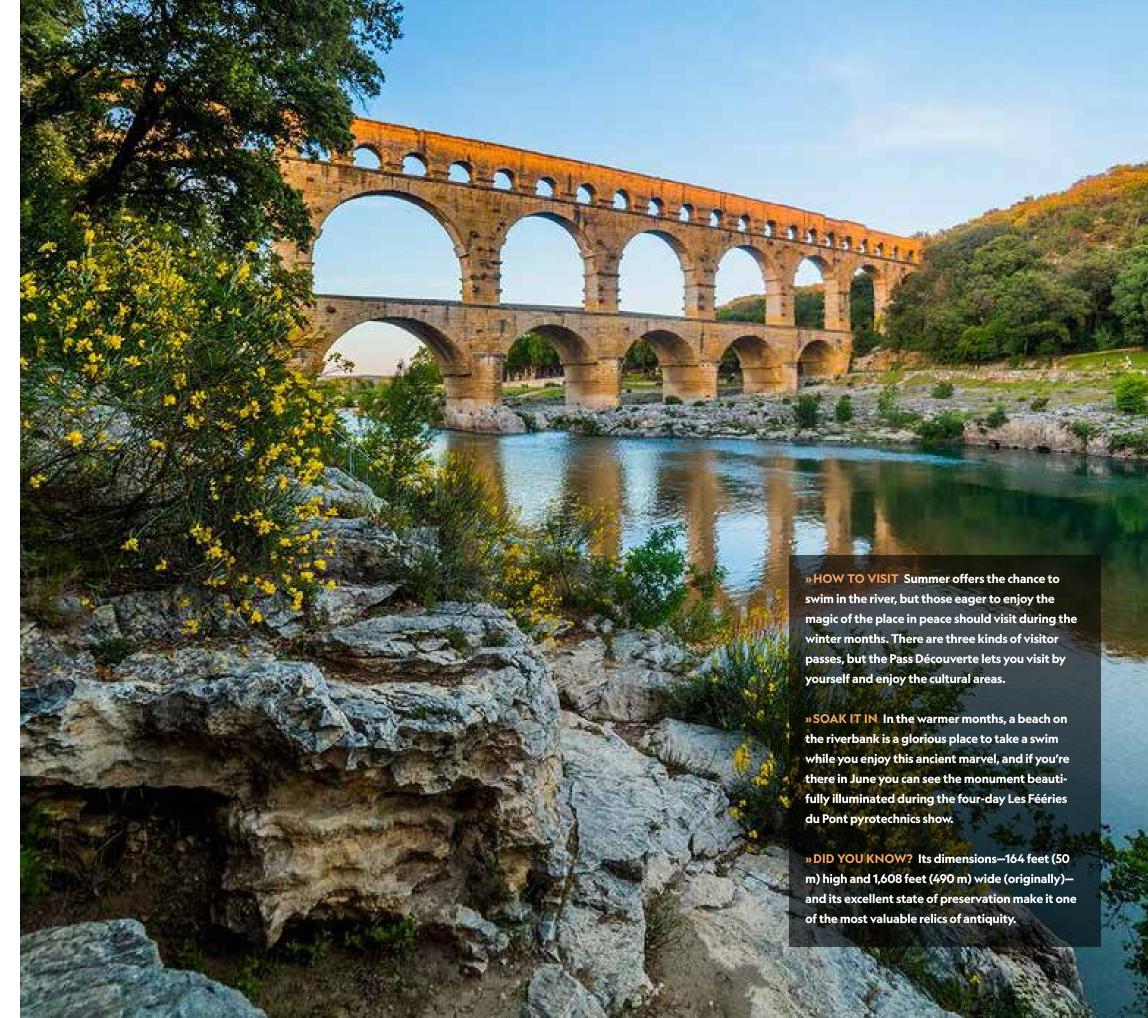
is as impressive today as it was nearly 2,000 years ago.

The aqueducts built across
Europe are among the most
important symbols of the
Roman Empire, demonstrating
masterful engineering prowess
and an ability to move and
contain the E arth's most

precious resource: water. It may sound like a simple advancement, but controlling the supply of water was a huge part of the expanding Empire's success. It allowed for the colonization of new areas and became a tool to endear themselves to locals by providing easy access to an important resource.

Trails leading up the river and under the aqueduct's arches let you experience the Pont du Gard from different angles, while the museum offers fascinating insights into its history and operation. Better yet, see it while exploring the area's 37 acres (15 ha) of old agrarian plots by taking a stroll down an open-air, almost one-mile (1.4 km) trail. Its vineyards, olive groves, wheat fields, and oak trees tell the story of a landscape shaped by man for thousands of years.

The Pont du Gard (right) is one of the most beautiful surviving examples of ancient Rome's ingenious aqueducts. Visit the charming nearby town of Uzès (above).



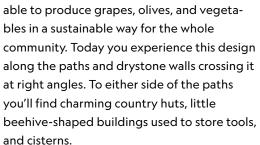


### CROATIA

### Stari Grad

STARI GRAD PLAIN Colonized by Ionian Greeks in the 4th century B.C., this Croatian island's landscape has remained practically intact ever since. Stone houses framed by the Adriatic Sea are nestled in rolling hills of vineyards and olive groves, which are divided in plots constructed by Greek settlers more than 2,400 years ago. A model for European farming, the site provides travelers an opportunity to experience authentic local culture and cuisine, and explore a stunning landscape of ancient farms.

Created after colonization by the Greeks from the Aegean island of Paros in 384 B.C., the plain is as the ancient residents designed it. By separating the land into plots and building tanks and gutters, the fertile farms are



Stari Grad is located on the island of Hvar, one of the jewels of the Adriatic coast. The best way to experience it is along the walking or cycling paths that wind past the fields and farmhouses. In the town—the oldest in Croatia—stone houses line streets that lead to beautiful public squares. During the harvest season, the smell of young grapes fills the air and the autumnal colors of the trees and vines swirl together with the deep blue of the sea.

On the island of Hvar, life in Stari Grad (left) has always been shaped by the crystalline waters around it. Carvings at the Chapel of St. Helena (above).



### GREECE

### **Epidaurus**

#### SANCTUARY OF ASCLEPIUS AT EPIDAURUS

Epidaurus, considered the birthplace of modern medicine, is a tribute to the origins of Greco-Roman healing cults. Dedicated to Asclepius, the Greek god of medicine, it was a sacred place used for ceremonial medical practices as far back as the 2nd millennium B.C. People who traveled here to be blessed by the deity were given herbs and cleansing rituals by holy men, treatments that transformed over time from divine to scientific. For travelers curious about the roots of

European culture, a visit here—with its hospitals and temples—provides insight into an early approach to medicine and a fascinating glimpse into what was the single-most important therapeutic center of the ancient world.

Epidaurus is a one-of-a-kind archaeological site, featuring the remains of one of the most complete ancient Greek sanctuaries. Walk through the foundations of a hospital, where worshippers of Asclepius believed his divine powers would heal them. Explore the Temple of Apollo Maleatas, the locus of an ancient cult that goes back to the 3rd millennium B.C. Visit the well-preserved theater, with its miraculous shell-like structure, amazing acoustics, and harmonious architecture, that provided an escape from visitors' everyday problems.

In the warmer months, don't miss the Athens & Epidaurus Festival, one of Europe's oldest performing arts festivals, featuring internationally acclaimed theater, dance, and music artists, which is held in the ancient theater here and in Athens.

The Sanctuary of Asclepius (left), the Greek god of medicine, was a place for healing. Explore the mysteries and myths of ancient Mycenae (above).





### ROMANTIC EUROPE

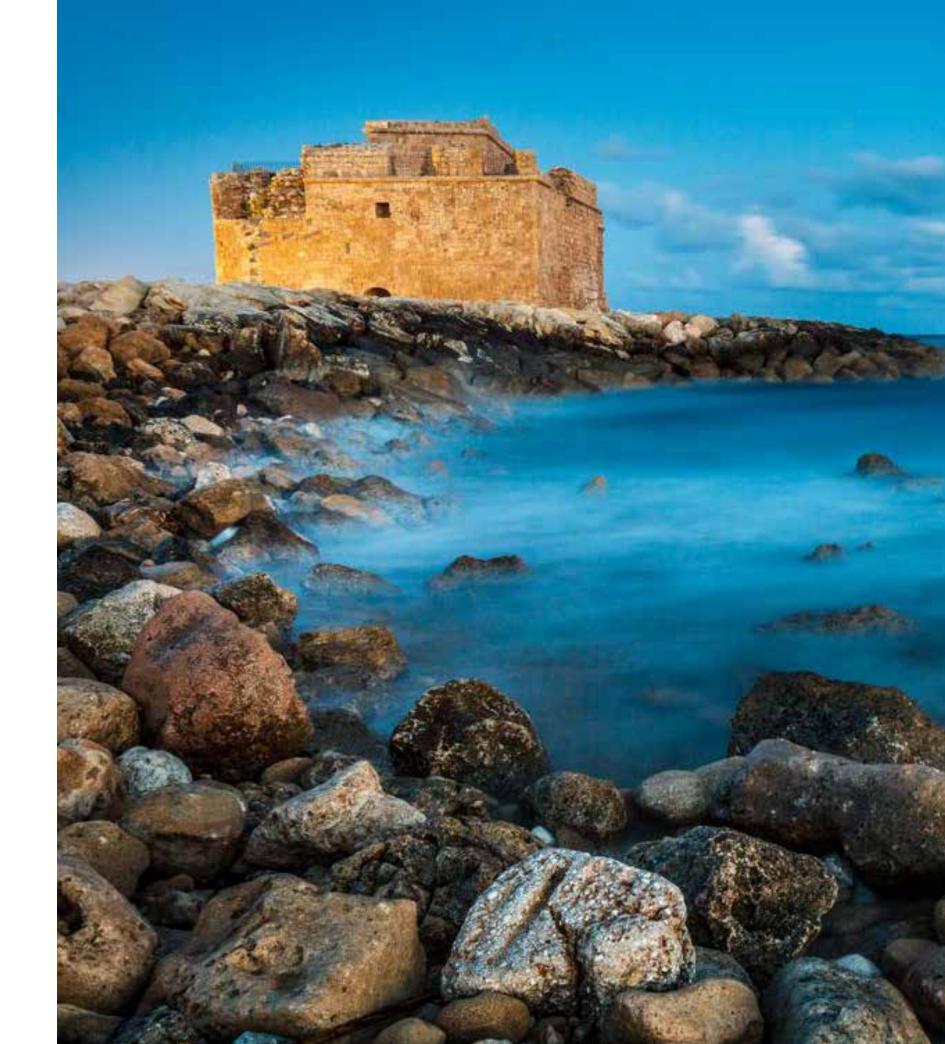
The beauty of Europe has always inspired love. Whether it's in the hearts of honeymooners or the famous works of art, romance abounds across the continent. It's everywhere you look—in the picturesque towns, grand cities, stunning churches, and even the ancient temples, just waiting to be explored.

Europe was also the birthplace of Romanticism, a movement beginning in the late 18th century that embraced emotion and imagination, influencing literature, music, art, and architecture across the world. These sites showcase a range of architectural styles, artworks, and eras, from ancient to more modern, but they all are filled with a spirit of romance that echoes in their cobblestone streets, soaring towers, and verdant valleys.

Take a romantic journey to the World Heritage sites that have been the locations for some of the most famous love stories and legends of all time. Immerse yourself in places that have inspired people for centuries while creating your own unforgettable love story.

Whether it's a castle perched on a verdant hillside or ancient reminders of the Goddess of Love, these places are sure to inspire you.

The haunting Paphos Castle, perched along Cyprus's coast, is steeped in many layers of history and intrigue just waiting to be explored.



### **BELGIUM**

### **Bruges**

BRUGES HISTORIC CENTER Bruges's golden age may have been from the 12th to 15th century, when it was a busy trading port, but this medieval city has remained one of the world's most picturesque culture hubs. Laden with Gothic architecture, beautiful art, and romantic strolls, this city has captured hearts for centuries.

It's easy to see how water played a crucial role in its development, lending the city a unique sense of charm and beauty. Canals cut



through parts of the city, with grand houses lining the roads along their edges, right next to pathways for walkers or cyclists. Take a boat ride and be rewarded with unexpected views, hidden romantic corners and secret gardens.

There are plenty of charming squares to discover, but the most prominent one is the Markt (Market Square)—the beating heart of Bruges. It contains the Belfry, which for centuries was the city's most prominent tower. Today you can climb its 366 steps and enjoy spectacular city views.

Surrounded by trees in the south part of Bruges, you'll find a small, rectangular lake called Minnewater, or the Lake of Love. The tragic romance of Minna and her warrior love Stromberg has evolved into a local legend: it's said that those who walk together over the lake bridge will experience eternal love.

Several leading artists, including Jan van Eyck, came to live and work in Bruges in the 15th century. You can marvel at the masterpieces of the Flemish primitives in the Groeninge Museum and the St John's hospital.

The city of Bruges in Belgium (right) is full of beautiful streets and surprises around every corner. Take a boat ride along one of Bruges's picturesque canals (above).



### **CZECHIA**

## **Lednice- Valtice**

### LEDNICE-VALTICE CULTURAL LANDSCAPE

Between the 17th and 20th centuries the ruling Dukes of Liechtenstein transformed their domains into one huge park, creating one of the largest artificial landscapes in Europe. Just 2.5 hours by car from Prague, the Lednice-Valtice Cultural Landscape is home to a picturesque village, extensive gardens, and two romantic castles well worth exploring.

The artistry here evolved over several



generations as a labor of love from the Dukes of Liechtenstein, who spent hundreds of years creating their own piece of paradise away from the small nation they administered. The two castles at Lednice and Valtice look out at each other like lovers across

a massive garden expanse, with a 4-mile (7 km)-long, lime tree-lined avenue connecting the two. The castle at Lednice is striking for its size and design, especially when seen as a backdrop to the immaculate gardens of flowers and hedges surrounding it. Tour the inside to see its exquisite art and furnishings. Outside, follow the paths through the romantic gardens as you make your way toward Valtice. Explore the expansive parks, carefully landscaped to blend forests with fields and lakes around Valtice Castle, one of the most impressive Baroque residences of Central Europe, which dominates the small village that has grown around it. The region is famous for its wine, and local stores offer tastings and sales that will enrich your visit.

Explore Lednice Palace and garden (right). Beautiful Valtice Castle (above) was built to blend seamlessly with the surrounding landscape.



### **ITALY**

### San Gimignano

#### HISTORIC CENTRE OF SAN GIMIGNANO

Your first view of San Gimignano is hard to forget. It's nestled in the heart of Tuscany, with rolling hills covered with rows of grape-vines, terra cotta roofs, and fortified towers from the 11th and 13th centuries. Its well-preserved feudal atmosphere, from its cobbled streets to its soaring towers, never fails to leave visitors spellbound. Once an important resting point for pilgrims during the Middle Ages, it is today a magical spot to relax with



the rhythm of this glorious landscape and be inspired by a lifestyle that's a millennium in the making.

San Gimignano's lofty towers make it easy to spot amid the surrounding green Tuscan farmland, and simply breathtaking once you enter

the walls. Once inside, the town is easy to navigate with narrow streets leading to large squares dominated by grand churches and palaces, and, of course, the 13 remaining towers. These towers were meant as displays of wealth, but they also represented the power of the families who built them. The taller the tower, the more important the owners appeared to be. This led to conflict, and often families would feud for decades and split the loyalties of the citizens. Legends tell stories of young lovers from quarrelling families meeting in secret in the shadows of the towers like real-life Romeos and Juliets. Two main squares—Piazza della Cisterna and Piazza del Duomo-are the center of life here, around which rise the most important buildings and the tallest towers.

San Gimignano is famous for its soaring towers (right) built by the rich and powerful. This beautiful Italian city holds surprises behind every door (above).

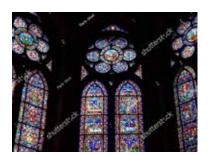


### **Artistic Periods of Europe**

Europe's history is embedded in its vaulted arches, rich paintings, and figures etched in marble. To appreciate the beauty of Europe's landscapes, both physical and cultural, it helps to know a few things about its major artistic movements: what inspired them and their key characteristics.



The Portrait of Bindo Altoviti, an Italian Renaissance painting by Raphael completed around 1515.



Gothic windows of Reims Cathedral



Renaissance Frederiksborg Castle



Baroque ceiling of Melk Abbey

### GOTHIC

#### (ca 1100-600)

During the medieval period, this movement attempted to create a heaven on Earth by pushing places of worship to unprecedented heights. Architects experimented with innovations that allowed churches to become wider and higher, such as pointed arches and flying buttresses, to make room for stained-glass windows that awed and inspired. An interest in humanism saw religious figures depicted as more naturalistic, cast in everyday poses infused with emotion.

#### **RENAISSANCE**

#### (ca 1300-1600)

Religion continued to inspire culture and art, but the natural world and the individual began to insert themselves. With the advent of moveable type, people had more access to knowledge than ever, including from ancient Rome and Greece. Artists combined a renewed interest in the classical world with contemporary scientific knowledge, and artists such as da Vinci, Michelangelo, and Raphael used rich color and realism to create exquisitely detailed portraits.



Neoclassical Vilnius Cathedral

### BAROQUE ROA

### (ca 1600-1750)

With a name derived from the word barroco, a Portuguese term for an irregularly-shaped pearl, it is no surprise that this period was all about extravagance and grandeur. The art was ornate, filled with elaborate touches. Artists created drama through movement, painting subjects in energetic compositions and using elaborate drapery to bring sculptures to life.

#### **NEOCLASSICISM**

#### (ca 1750—1850)

As archaeology unearthed ancient ruins in places like Athens, artists developed an interest in resurrecting the past. The period was also informed by the Age of Reason, which strove to control one's destiny and explore the universe's laws. Neoclassicists turned away from the elaborate in favor of rationality, symmetry, and idealism.



Romantic Pena Park at Sintra

#### **ROMANTICISM**

#### (1780-1870)

This movement was a reaction to Neoclassical realism—a general disillusionment with reason and order inspired in part by the French Revolution. With a new interest in human psychology, artists wanted to emphasize the senses as valid means of experiencing the world. This movement celebrates the individual, subjective, and sensual, aiming to provoke emotion. Artists returned to nature, finding inspiration in its wildness, and explored subject matter that was exotic and imaginary. A renewed interest in nationalism meant using local traditions, folktales and landscapes to inspire national pride.

42

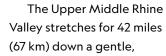
## » HOW TO VISIT Travel by boat, car, railway, bicycle, or on foot, with panoramic views along the whole route. There are six ferries that cross the river, so it's easy to visit both sides. You don't need to hire a car, as the region is well serviced by public transport. » ATOP THE ROCK People come from across the world to see the striking Loreley Rock near the town of Sankt Goarshausen, which is a symbol of Rhine Romanticism and the subject of well-known poems and songs. » DID YOU KNOW? The Rhine River's mythical underwater maidens and their magic gold provided the muse for Wagner's "Ring" opera cycle.

### **GERMANY**

### Romantic Rhine

UPPER MIDDLE RHINE VALLEY Imbued with the spirit of German Romanticism, the Rhine River has inspired fairy tales, fables, poetry, and paintings for generations. As an important transportation link between the north and south of Europe, the river enabled an exchange of culture and a flow of trade that has helped build small towns, castles, and impressive fortresses along its banks.

Journey through the romantic Rhine Valley and discover the culture, stories, gastronomy, and wine that makes this one of Europe's most renowned romantic landscapes.



winding stretch of the river. The evocative voyage from Mainz to Koblenz has been a favorite with travelers since the 19th century. Starting at Bingen, you can travel by boat, car, bicycle, or on foot, with panoramic views along the whole route. At the end of the valley, the beautiful city of Koblenz has a cable car that can take you across the water and up to the Ehrenbreitstein Fortress.

The Loreley Valley, a stretch of the Rhine between Koblenz and Rüdesheim/Bingen, is among the most romantic river sections in Europe. There is hardly a hill without a castle atop it: almost 40 between the Mäuseturm (Mouse Tower), near Bingen, and Koblenz. Of these, the impressive Marksburg Castle is the only hilltop castle here that has never been destroyed. Most are open to the public and

The town of Bacharach (left) is one of the many picturesque towns along the Rhine. Perched on a hill, Rheinstein Castle (above) was built around 1316.

invite you to learn more about life inside their walls. They are the perfect embodiment of Rhine Romanticism—whether it be the melancholic atmosphere of an ancient ruin or the lavish furnishings and works of art in a freshly refurbished landmark.

It is no wonder this natural beauty and historic architecture have fueled artists, writers, and musicians over the past two centuries. At the beginning of the 19th century a new generation of artists discovered a beauty in the Rhine's landscape. English Romantic artists like JMW Turner and writers like Lord Byron brought international fame to the Rhine and breathed new life into the valley. The literary legends are what make this journey particularly rewarding for those who want to be immersed in sagas and romantic tales.

Towns along the Rhine are filled with iconic timber-framed houses that add to the region's beauty.

### **Toasting to the Rhine**

The elegant Riesling wines from the Rhine are treasured the world over. The best way to truly appreciate them is to visit the local vineyard pubs and restaurants, meeting the producers

and learning more about the culture from which they are created. The Rhine is a relaxed and welcoming landscape where golden-colored wine sparkles, and locals clink glasses to toast romance and good living. Throughout the year there are countless celebrations, festivals, and

fairs paying tribute to Riesling, including the Rhein in Flammen: the "Rhine in Flames" festival that takes place every summer. Come join the celebrations and you will witness sparkling lights, the mysterious Bengal fire, and the longest boat convoy in Europe (made up of 80 vessels), which add to the explosive firework displays.





### **CYPRUS**

### **Pafos**

PAFOS (PAPHOS) DISTRICT Inhabited since the Neolithic period, Pafos offers a chance to connect with the foundations of modern society. "Passion" is the operative descriptor for Pafos: passion for craft, for aesthetic, and, of course, for Aphrodite, the goddess of love and the source of it all. Visitors to this magical place are rewarded with the exceptional ancient remains of Roman villas, theaters and other public buildings, medieval fortresses, mosaics, and tombs of singular value.

Situated at the crossroads of three continents—Europe, Asia, and Africa—the island's unique geographic position has played an important part in its turbulent story since antiquity. During the Roman period, Pafos was a crucial stop on the trading route



between affluent Alexandria, Egypt, and Rome, where wealthy citizens built a city full of grand houses. Inside those of the most wealthy, the floors were decorated with remarkable mosaics that remain a highlight of any visit to Pafos.

Walk in the footsteps of a goddess along the Aphrodite cultural route, which covers some of the island's most sacred sites and natural attractions. As you venture further along the glistening coastline, there are large underground tombs cut into solid rock at a site known as the Tombs of the Kings, used in the 3rd and 4th century B.C. There is also a vibrant modern city to discover, full of fine restaurants, nightlife, and shopping set against the backdrop of the sparkling Mediterranean Sea.

The many ruins at Pafos, like the Tombs of the Kings, (left) speak to an ancient past. The Rock of Aphrodite (above) is a beautiful place to take a swim.



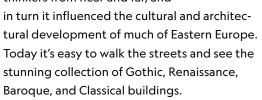
### LITHUANIA

### **Vilnius**

VILNIUS HISTORIC CENTRE Vilnius is full of romance and mystery. As the political center of the Grand Duchy of Lithuania from the 13th to the end of the 18th century, the historic center includes buildings in many styles that have been well preserved over time, making it one of Europe's most beautiful cities. It is also home to one of the greatest love stories in Baltic history.

At the height of its power in the 15th century, the Grand Duchy of Lithuania was the

largest country in Europe.
Appropriately, its capital of
Vilnius became a city of
grandeur and harmony. It
grew with influences from
multiple cultures, religions,
and languages, attracting
great architects, artists and
thinkers from near and far, and



Its labyrinthine Old Town, sleek business district, open squares and parks, and historic suburbs all blend together into a seamless whole. Up on a hill near the river, visit Gediminas tower—a reminder of the first castle built here in the 15th century. On the ground below are royal palace buildings and the cathedral where Lithuania's beloved Grand Duchess Barbara Radziwill was buried. No matter where you start, you will quickly discover that Vilnius is an open and fun-loving place. It is also one of the few European capital capitals where you can take a hot air balloon ride over the city.

Founded in 1579, Vilnius University (left) is the oldest university in the Baltic states. Vilnius Cathedral (above), as seen from the air.

### **AUSTRIA**

### Wachau

#### WACHAU CULTURAL LANDSCAPE

The Wachau is a stretch of the Danube Valley between Melk and Krems—a landscape with a remarkably preserved medieval landscape that has inspired romantic legends for centuries. Wachau is considered one of Europe's most enchanting river valleys, and its treasures give travelers a behind-the-scenes look into the past and a blueprint for the future. Explore Wachau's natural paradise through its riverside villages and discover a land of castles, majestic



abbeys, hiking trails, and stunning wineries.

The castles are full of tales of love and heartbreak, particularly from the medieval days. One story tells of England's King Richard the Lionheart, who was imprisoned in a castle here. His loyal

minstrel wandered the land singing a specific song and was able to find his king when Richard responded by singing back to him from prison. The area here provides a medieval landscape that has continued to change with the times.

The harmony between the region's past and present is reflected in its melding of preservation and innovation—an intertwining of cultural institutions, renowned wine and fruit growers, intact nature, authentic tourism, stunning architecture, and, most importantly, the people of the region. One of the best ways to experience the Wachau is to trace the route of the Danube River as it snakes its way through the countryside. From the river's banks, vineyards reach into the hills, while towns and villages dot the landscape.

The romantic landscape of Wachau (right) looks much as it has for centuries. The spiral staircase in Melk abbey (above) is one of its many beauties.





### **FRANCE**

## **Mont-Saint- Michel**

#### **MONT-SAINT-MICHEL AND ITS BAY**

Mont-Saint-Michel, with its jaw-dropping natural surroundings and exceptional architectural heritage, was one of France's first properties to be listed as World Heritage. To travel here and be greeted by a magical island topped by a gravity-defying medieval monastery is an inspiring experience.

The legend of Mont-Saint-Michel begins in

the year 708, when the archangel Michael visited the Bishop of Avranches, Saint Aubert, and asked him to build a church in his honor. As the story goes, Saint Aubert initially ignored the request, but complied after Michael burned a hole in his skull with



his finger. It was the site's first miracle and would begin more than a thousand years of visits by pilgrims and lovers alike.

The imposing abbey at Mont-Saint-Michel, the stunning Romanesque church on the island's mountain, is a unique example of the incredible building expertise exhibited in the Middle Ages. The building of La Merveille, in particular, is considered a masterpiece of Norman Gothic architecture. The island also became a major place of Christian pilgrimage, a cultural and academic center where important manuscripts were produced and stored. The town below offers a charming French experience, with cafés and local shops, while the expansive Bay of Mont-Saint-Michel serves as one of the most extraordinary tidal theaters in Europe.

From a distance, the mountaintop church at Mont-Saint-Michel (left) is quite a sight. The windows of the church's flamboyant gothic choir (above).



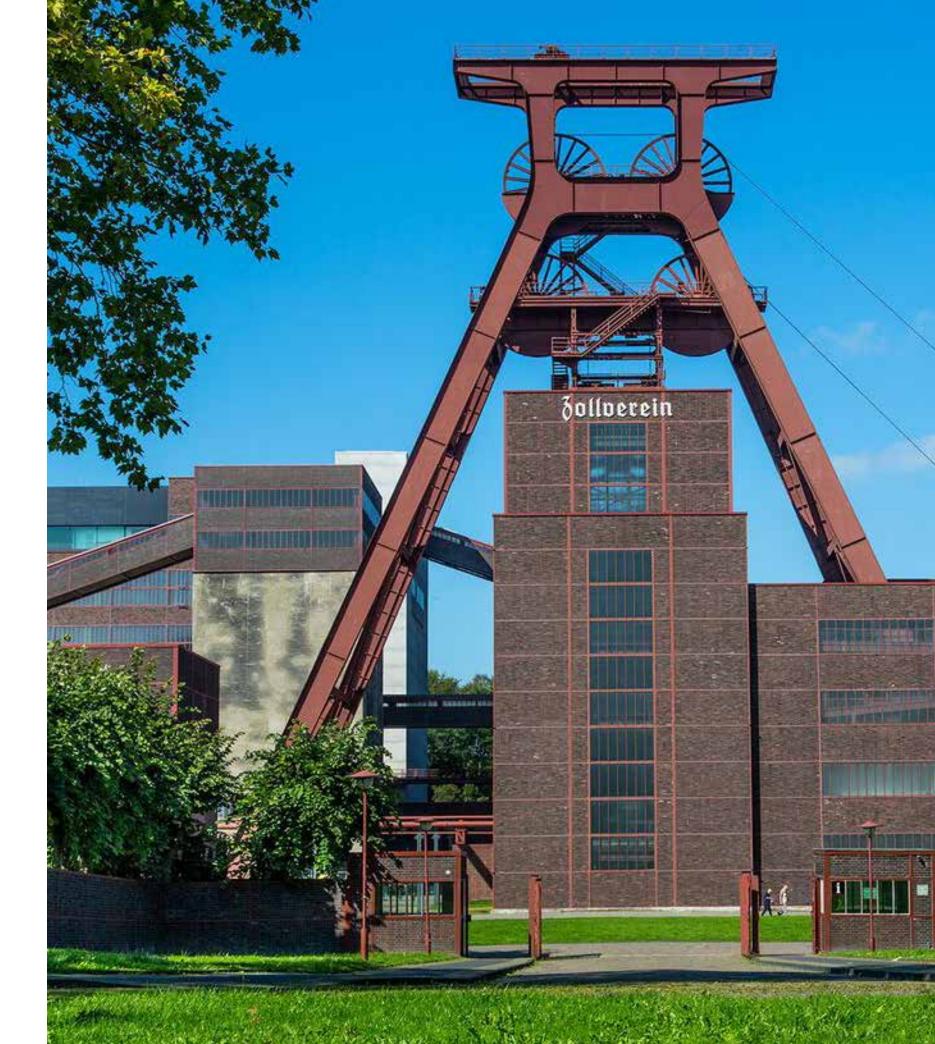


### UNDERGROUND EUROPE

As the wealth and grandeur of Europe grew, generations of workers flocked to the towns that sprang up around mines and toiled underground there to power the unstoppable pace of development. From the gold that decorated the Middle Ages to the wine used to toast revolutions and the coal that fueled the modern era, the world as we know it would never have been possible without the tough and dangerous work taking place deep below the surface. Away from sight and often out of mind, these marvelous tunnels, caverns, mines, and cellars all wait for the curious visitor, full of fascinating stories about the lives and cultures of the miners who helped build Europe.

Now open to the public, these incredible World Heritage sites often surprise with an eerie industrial beauty or the opportunity for adventurous exploration. Whether it's a downhill ride in an old mining train, a cathedral carved from salt, or wine barrels held inside volcanic rock, they offer you the chance to venture deep underground—and into history—to experience the life and culture in the dark depths of Europe. But there are also the charming towns and landscapes that evolved above to explore, full of glimpses into a rich and interesting past.

Zollverein was once Europe's largest coal mine, but it has been transformed into an attractive location for culture, leisure activities, and business events.





### HUNGARY

### Tokaj

TOKAJ WINE REGION The Tokaj Wine Region is home to some of Hungary's most beloved wine varieties. The region is spread over a romantic landscape of vines and slopes nestled at the foothills of the Zemplén Mountains. But it is most famous for its 3,000 wine cellars. Some of the structures are used for winemaking and some for aging wine, while others are used as social centers in the small towns and villages.

There is historic wine, and then there's

Tokaj. Made for more than 1,000 years, Hungarian Tokaj was served at Versailles and a favorite of Louis XV, King of France, who called it "Vinum Regum, Rex Vinorum": the Wine of Kings, King of Wines. The reason for its success as one of the world's most



celebrated libations? The Tokaj region has a unique microclimate that allows the wine to develop its own distinctive taste. The world's first vineyard classification system was established here in 1730 by royal decree, followed by the 1757 designation of Tokaj as the world's first appellation.

The Tokaj Wine Region—one of Europe's oldest—is a swirl of diverse history, a wide range of architectural styles, a network of wine cellars, and a breathtaking flow of vineyards, farms, villages, and waterways. Consisting of 27 villages, the area is a cultural corridor where generations and a mix of ethnicities and religions have contributed to a rich heritage. Stop in at the Tokaji Museum, where you can come to understand the region's history before you taste its wine.

The cellar row of the Gombos-hegyi Pincesor (left) is part of the World Heritage site. You can't come to Tokaj without sampling the region's famed wine (above).

### **POLAND**

## **Polish Royal Salt Mines**

#### **ROYAL SALT MINES IN WIELICZKA AND**

BOCHNIA The Wieliczka and Bochnia Royal Salt Mines transport you to a mysterious world beneath the earth's surface. The mines were worked continuously from the 13th century until the late 20th century, constituting one of the earliest and most important European industrial operations. The mines are truly a work of art, which make for a fascinat-

ing journey into the past.



Wieliczka is the only mining facility that had been continuously active for 700 years—resulting in aunderground kingdom that has 150 miles (240 km) of galleries and 2,350 chambers, reaching a depth of 1,073 feet (327 m)—

a massive feat of human effort and ingenuity. Full of historical machines, tools, salt sculptures, and artworks, it forms a unique and authentic record of the development of mining techniques and a chronicle of mining culture, beliefs, and customs.

Below the surface, you'll enter an underground metropolis that miners built over time. A narrow shaft becomes a winding tunnel that opens onto a lake. Nothing prepares you for the moment you arrive at the Chapel of Saint Kinga, an enormous hall lit by chandeliers that took three men 67 years to carve and decorate. The main route goes for 1.5 miles (2.5 km) through 20 chambers—a fraction of the stunning maze created underground—where you can attend music concerts and parties, or experience salt therapy in the health resort.

The miners carved hundreds of statues and reliefs of saints, miners, and kings (above). A saline pool in Wieliczka mine (right).



### **SLOVAKIA**

### Banská Štiavnica

### HISTORIC TOWN OF BANSKÁ ŠTIAVNICA AND THE TECHNICAL MONUMENTS

IN ITS VICINITY This historic town once glittered with silver and gold, but Banská Štiavnica stands out for more than the metals unearthed here. Once the third-largest city in the Hungarian Empire, it was a center for miners, metallurgists, alchemists, mineralogists, land surveyors, cartographers, designers, and



builders. It was here that gunpowder was used to blast rock from the mines for the first time. The region is a trove of natural and cultural riches that tell the story of an important industrial center.

In the Middle Ages, Banská Štiavnica was the main

producer of silver and gold for the Kingdom of Hungary. By the 18th century, it was the biggest mining center in the Habsburg monarchy. Workers risked their lives excavating precious metals, facing the constant threat of floods, collapses, and fires. They were superstitious and careful to follow strict rules (like not whistling) to protect themselves. Above ground, life was opulent for those who made fortunes from the mines—a wealth still evident in the elegant castles and palaces that fill the town's center.

Banská Štiavnica is a lively cultural hub offering stunning views of the surrounding Štiavnica Mountains. Don't miss the chance to explore the remaining mine shafts, where you will descend with your helmet and lantern, and the beautifully preserved city that lies above.

The beautiful rooftops of Banská Štiavnica (right).

Quartz crystals (above) coated with iridescent
limonite from Banská Štiavnica.



### **GERMANY**

### Zollverein

#### **ZOLLVEREIN COAL MINE INDUSTRIAL**

COMPLEX Zollverein was one of the world's largest and most modern coal-mining facilities, and a leading example of the development of heavy industry in Europe. At its peak, 8,000 miners worked day and night in the mines and the buildings above ground. Coal was mined and processed here for 135 years, before the mine was decommissioned in 1986. Today, with its Bauhaus-influenced design, the mine is a triumph of modern

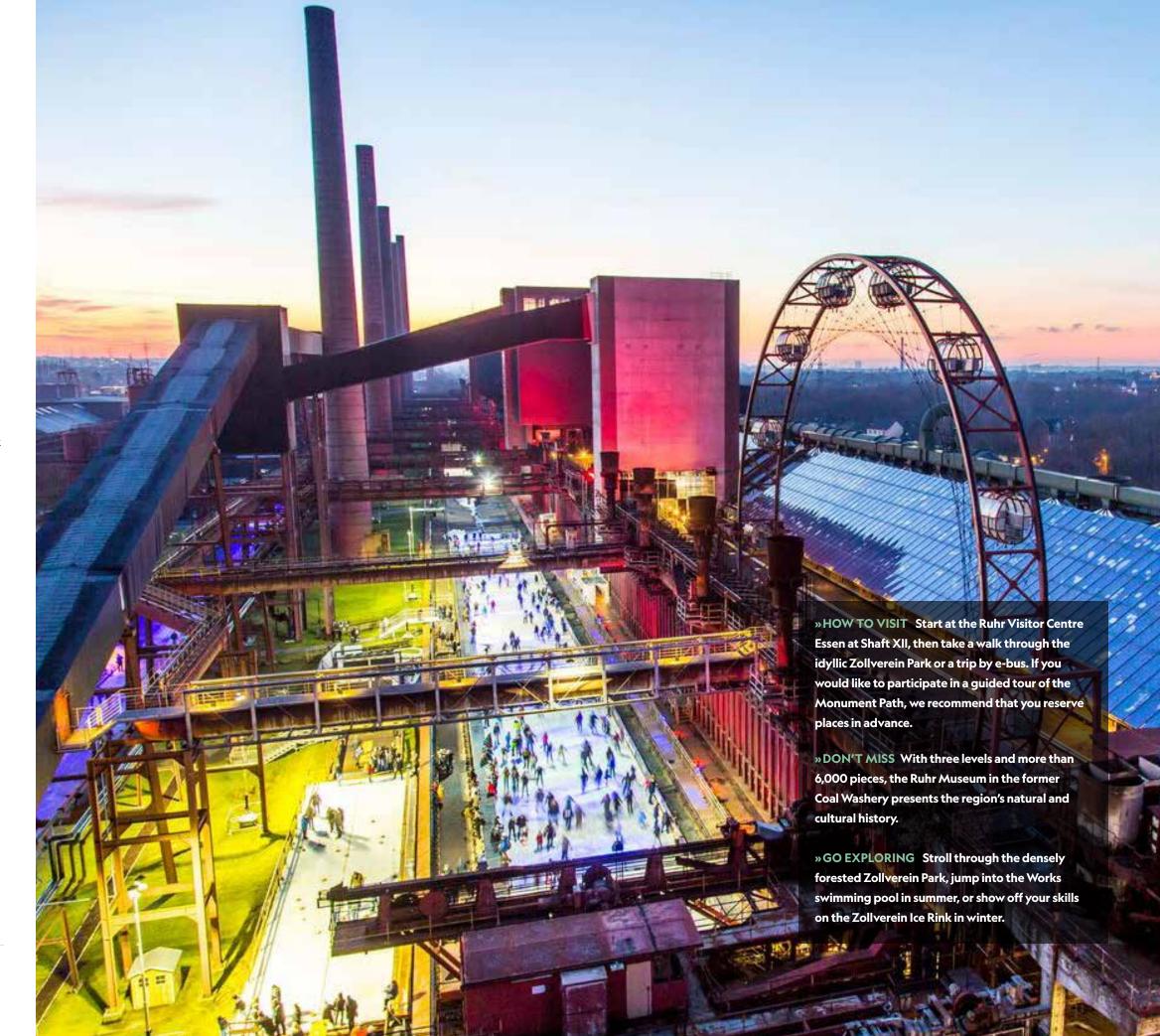
industrial architecture and a center for art and culture.

After World War I, the complex was completely renovated for increased output to help with Germany's rebuilding. But with the renovation, architects took an innovative approach and

designed the buildings for aesthetic appeal, not just practical needs, starting an international movement. After World War II, however, there was an energy shift from coal to oil, and the Zollverein mine eventually closed.

Zollverein gives you the chance to explore history and see how the site has adapted since the mine's closing. A tour through the coking plant and shafts will take you along conveyor belts and past original machinery. Outside, the beautiful, winding tower of Shaft XII rises into the air with its impressive "New Objectivity" style. Other buildings have been reinvented as recreational areas: modern art galleries, restaurants, and exhibition halls, and spaces for concerts and other events. With a swimming pool and an ice skating rink, you can enjoy visiting Zollverein all year round.

The Zollverein Ice Rink (right), surrounded by the forward-thinking architecture, is a winter highlight. The mine today is all about recreation (above).



### **SWEDEN**

### **Falun**

#### MINING AREA OF THE GREAT COPPER

MOUNTAIN IN FALUN Falun was once one of the world's most important mining areas. The mine dates back over a thousand years, and at its peak in the 17th century it accounted for 70 percent of the Western world's copper production. As the major producer of copper, Sweden exerted a strong influence on the technological, economic, social, and political development of Europe. Many of the continent's greatest buildings, including the



Palace of Versailles, were roofed with Falun copper.

At its peak, 1,000 Swedish workers toiled below the surface. At the end of the day, they would light fires that would burn overnight and help the ore break loose in the morning. That meant the deep

tunnels were usually hot and dirty, creating a challenging environment to work in. They would only move forward about 3 feet (1 m) each month.

As one of Sweden's most important industrial monuments, you can spend a whole day exploring the Falun Mine. Descending into the depths of its underground tunnels with your orange raincoat and helmet, you will hear captivating stories of the hardships and heroes of the mine's history. On the surface, the enormous "Great Pit" dominates the landscape, which was caused by a cave-in on Midsummer's Eve in 1687. The old miners' quarters are located nearby, where you can explore beautiful neighborhoods full of wooden houses painted Falun red—the distinctive red paint comes from the mine's iron ochre.

Explore the signposted Mine Walk around the Great Pit (right), with viewpoints across the unique landscape. Bears rule the Orsa Predator Park (above).





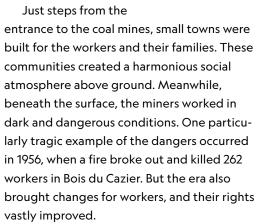
BELGIUM

# Wallonia Mines

## MAJOR MINING SITES OF WALLONIA

The four sites in this coal basin stretch across 106 miles (170 km), all emblematic of the industrial revolution that changed the shape of Europe in the 19th and 20th centuries. The sites reflect the influence of architectural and urban trends linked to the utopian view of the industrial and workers' city that arose in the Age of Enlightenment. They also demonstrate

the philosophical changes to better the lives of workers and their families, with well-preserved sites that now have fascinating museums that pay homage to the generations of miners who lived, worked, and sometimes died here.



Each site offers unique experiences to learn about the region's industrial heritage, and the below and above ground components of each bring the coal mining industry to life. At Bois-du-Luc, visitors can tour down into the old tunnels to see the workers' conditions. Grand Hornu has well-preserved

Former coal mine Le Grand-Hornu (left) is now a museum showcasing modern art industrial design. Explore the haunting beauty of the Caves of Han (above). above-ground buildings and provides a good understanding of the mining companies. Bois du Cazier uses its original structures to house several museums about the region. And at Blegny, guests take "the cage" down almost 200 feet (60 m) to see the extraction process. What you'll ultimately discover is that the mines were built with a unique combination of cutting-edge technology and a melting pot of workers from all over Europe. More importantly, you'll understand more fully how the Walloon coal mines became helped pave the way to change in European mine construction.

There are also natural caves to marvel at: the Caves of Han are among the world's most impressive. Wander through a necklace of decorated galleries and halls, from the gigantic Hall of the Dome to the reflections of the dripstones in the Hall of Draperies.

Visitors to the Wallonia Mines learn about life above and below ground, taking in the view of the mining gallery at 100 feet (30 m) deep.

## The 1956 Disaster

On August 8, 1956, 275 miners headed into the depths of the Bois du Cazier mine. At 8:10 a.m. disaster struck when two high-voltage electric cables ruptured, igniting a fire made worse

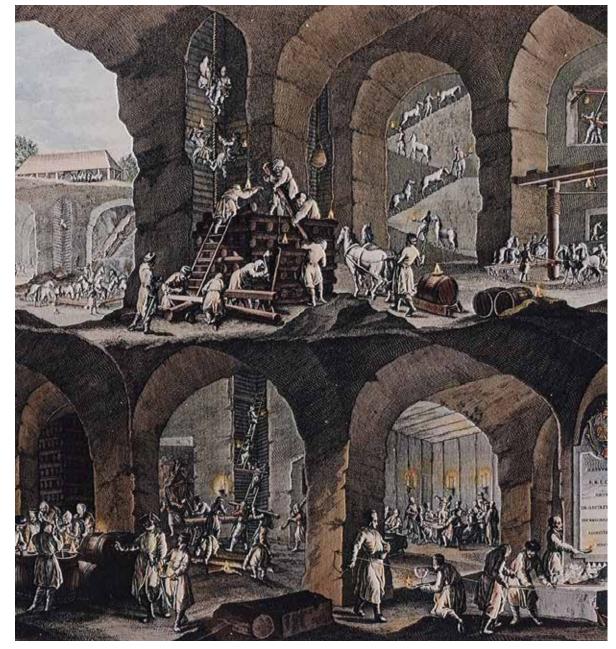
> by broken oil and air pipes. Carbon monoxide and smoke spread along the galleries. A few minutes later, only seven workers managed to escape, surrounded by dense black smoke. For weeks, Belgium and local families banded together, waiting anxiously to see if anyone else would emerge.

Despite many brave rescue attempts, only six survivors were rescued. With victims from 12 different countries, the disaster had one positive effect: it raised awareness about miner safety and workers' rights, influencing mine practices across Europe.



# Life Underground

For centuries, the wealth of Europe was powered by mines. As long as the continent has grown and flourished, there have been generations of people moving to towns and creating cultures around mine sites—and toiling underground to feed the engines of Europe's progress.



This idealized version of Poland's Wieliczka Salt Mine and its workers in 1719 wasn't always the reality.

ining has a long history in Europe; whoever controlled it held the reins of wealth and power. Its spoils helped create valuable tools, arm soldiers, transport life-giving supplies, and expand empires. The Ancient Greeks and Romans opened up marble and salt quarries—in ancient times, salt was valuable enough that it was traded for gold. They mined silver and gold to make coins, often excavated by enslaved miners. In the medieval period, the powers of Europe turned to copper and iron.

Many early mines were open, shallow pits, but as demand for mineral resources grew, so did the need for deeper mines that required more energy to dig, ventilate, and extract. At some mines, water mills were used to crush ore and raise it from the shafts. At others, ore was gathered in leather sacks and lifted to the surface in horse-powered contraptions. Mining fueled industry, but it also spawned innovation: in 1627, the Kingdom of Hungary was the first place in Europe to use black powder to start blasting open new mines (Banská Štiavnica, page 64).

Where there was work to be had, miners from all over Europe followed. It wasn't uncommon to find Celts, Slavs, Saxons, Turks, Poles, Hungarians, Slovaks, and Czechs all working together in the tunnels, pits, and quarries. Sometimes those workers were young: just children. Though mines brought massive wealth and prosperity to Europe, and offered jobs for those in need of them, a miner's work was often grueling. They labored long



Historic mines like Sweden's 500 year old Sala Silver mine offer tours



A repurposed historic coal mine and spoil heap in the village of Oignies, France

hours in dark, dirty, and often dangerous conditions. Cave-ins weren't uncommon, particularly as technology advanced and made it possible to dig mines so deep workers needed a cage to get down into them. Coal mines were some of the most dangerous. Some safety practices, such as sending a canary down into a coal mine as a means of testing for carbon monoxide, weren't introduced until the early 20th century. Because it was tucked away and out of sight, progress in worker safety was slow. But these

underground landscapes hold amazing stories about the lives of the people who worked in and around them. They and their families settled in towns above the surface, shaping cultures and founding townships that continue to exist today.

Though many of these mines have fallen silent, the miners who worked them left their mark below and above ground in a myriad of ways. And now, with freshly opened mine sites to explore, all you have to do is go and find them.

# **FRANCE**

# Nord-Pas de Calais

## NORD-PAS DE CALAIS MINING BASIN

When you arrive in the Nord-Pas de Calais Mining Basin, you quickly discover a multilayered place where many worlds merged to become much larger than the sum of its parts. It was a nexus for the exchange of ideas and influences about extraction methods used to mine underground coal seams, the design of worker housing and urban planning, and the

international human migration that accompanied the industrialization of Europe.

The coal mining industry here employed hundreds of thousands of workers, and thus the need for communities to support them. In an incredible series of urban development

projects, entire towns were created to make the workers' families as comfortable as possible with the hope of encouraging miners to stay with their employers.

The Mining Basin is at the heart of a trade area—a crossroads of communication between northwestern Europe's largest cities. The breathtaking scenery and deep emotions expressed here will surprise you. At the Mining History Center in Lewarde, you'll immerse yourself in the history of the coal industry. At the Louvre-Lens Museum, you'll uncover an unexpected collection of masterpieces. You'll walk along the former railway lines to explore the unusual vistas and scenic diversity of the mining villages. Above all, you'll meet Mining Basin locals who have inherited this powerful and important history.

The Historic Mining Center (right) at the site of Delloye Pit on museum night. Nothing beats a sunrise hike around the area's spoil heaps (above).



# **FRANCE**

# Champagne

CHAMPAGNE HILLSIDES, HOUSES, AND

chalky land, lies the Champagne region—a world of vineyards, rolling hills, quaint villages, and hundreds of underground cellars. The unique method of producing this sparkling wine was developed in the early 17th century and made Champagne a global symbol for celebration, victory, and reconciliation. So step down into the original cellars, raise a glass, and discover the art of making

champagne, one of the world's most iconic beverages.

By the 18th century, Champagne wines were so well established in the popular imagination that they were served at the Fête de la Fédération to toast the outcome of the French

Revolution. Some years later, they played a useful role in defending France's interests at the Congress of Vienna. Visiting the region offers the unique chance to see the whole production process, from vine to glass. Above ground, the vineyards and villages may sparkle in the sun, but the underground cellars where the wine is produced and stored are the hidden side of the process and region. In the tunnels, thousands of bottles line the walls, many of which were roughly cut from chalk and served as quarries during Roman times.

Back above ground, the 'Avenue de Champagne' in Epernay offers the chance to try Champagne as you marvel at an impressive lineup of Renaissance-style mansions and Champagne Houses, which are the cornerstone of the success of Champagne wines.

The cultural wine-growing landscape of Champagne (right) includes 320 towns and villages. Champagne's network of chalk caves (above) lend the wine a unique





**GERMANY** 

# Rammelsberg and Goslar

MINES OF RAMMELSBERG, HISTORIC TOWN
OF GOSLAR, AND UPPER HARZ WATER

MANAGEMENT SYSTEM The Rammelsberg
Mines, in north-central Germany, is a major
site for innovation in the Western world and
has been a model for innovative mining
practices for a millennium. At the beginning of
the 11th century, the mine's wealth shaped the
city of Goslar, which remained
the residence of German kings
and emperors until 1253. Miles
of waterways in the Upper
Harz mountains make up one
of the world's largest pre-

expand. An estimated 30 million tons of ore were mined here, helping build Germany into what it is today.

industrial hydropower systems, which helped the underground operations

Thousands of men spent much of their lives in the tunnels deep beneath the surface, extending the mines and transporting their riches up to the surface. Before modern machinery helped the process, the miners would break the stone by hand or with rudimentary explosions.

Your journey into the mine starts in an old enclosed mining train. The site has been authentically preserved, making it easy to step into a world where miners lived and died while pulling society into the modern era. Above ground, explore the narrow cobblestone streets of the enchanting medieval village of Goslar—an adventure in its own right.

When visitors ride the yellow train (left), they enter history—and the mine—like miners did in the old days. At Christmas, markets in Goslar (above) light up the night.



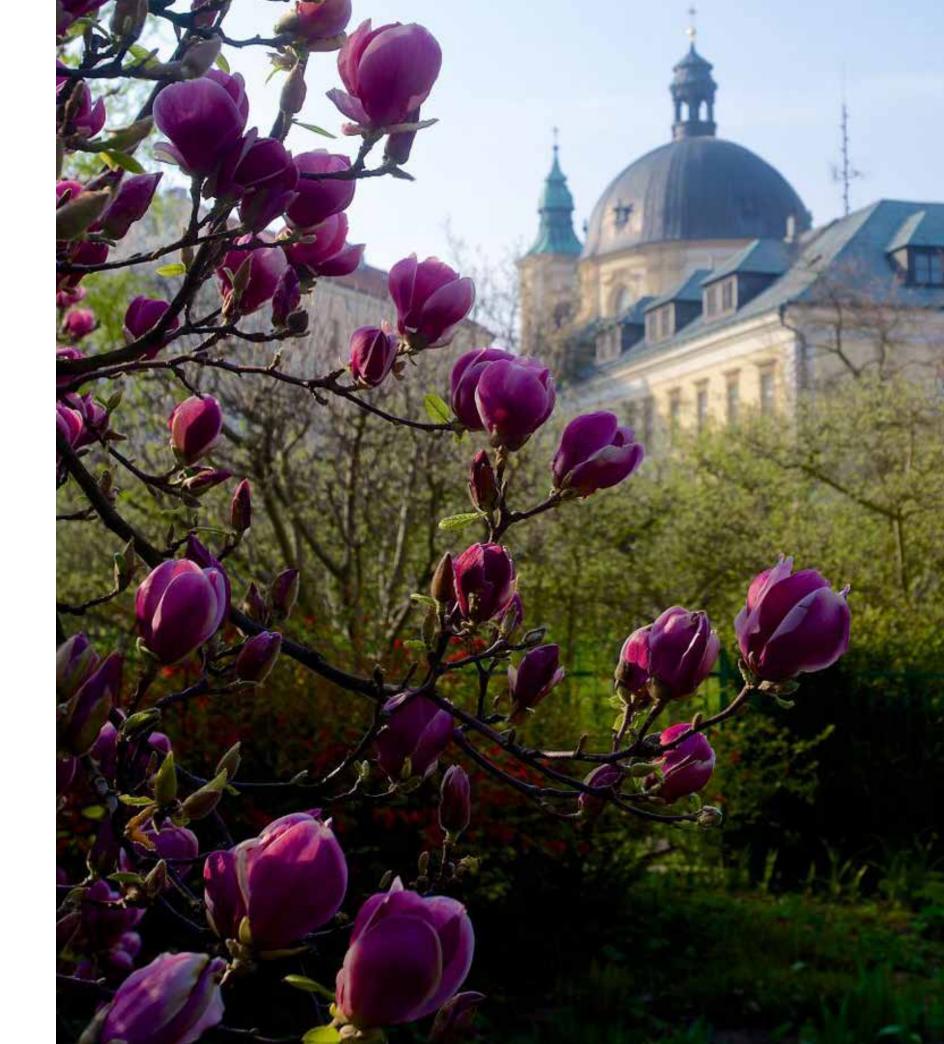


# ROYAL EUROPE

For the royalty of Europe, power was displayed in many ways. They showed their wealth in grand palaces and their strength in imposing castles, but they also demonstrated their sophistication and prestige through decadent parks and gardens. Kings and queens found the most talented botanists in the world to design their sprawling parks: places of refuge, the seat of important gatherings, and points of national pride. Emperors and empresses sent experts on missions to exotic lands to find new species to plant. The rivalry between them started a wave of royal gardens created across Europe, each attempting to be bigger and better than the last. It also led to the discovery of rare plants and the protection of threatened ones. What began as a symbol of prestige became a scientific marvel.

For visitors today, the paths through landscaped parks and manicured gardens are the gateway to the world of imperial power and innovation. Around each corner is another example of the royal philosophy of harmony with nature, created by plants that have seen generations of empires rise and fall. Step outside of Europe's impressive palaces and discover their many pleasures.

The blooming magnolias are only one of the beauties on display in the Palace Gardens at Kroměříž in Czechia.



# **CZECHIA**

# Kroměříž

## GARDENS AND CASTLE AT KROMĚŘÍŽ

The grounds here are among the finest examples of landscape art ever produced in Europe. The first residence was built on the castle site in Kroměříž at the end of the 15th century. It wasn't until almost 200 years later that it was renovated into a Baroque palace with magnificent flower gardens. This crowning work of European landscape art in the 17th century represents a groundbreaking stage of development between the Italian

Renaissance and the French Baroque and Classicist artistry.

The gardens of the Castle of Kroměříž consist of two parts, different in appearance and purpose. The Chateau Garden was designed as a romantic park in harmony with nature, following the English

model. It covers 158 acres (64 ha) and has 200 kinds of rare trees from around of the world. The layout is sophisticated, using symmetry and perspective to create the effect of a maze. Although it is carefully landscaped, the park still feels wild. It's easy to get lost among the green walls, rows of statues, and copious flower arrangements.

Make sure to take in the Archbishop's Palace, which still serves as the residence of Olomouc bishops and is where Emperor Franz Joseph I ascended the throne. This 17th-century building hosts guided tours of its well-preserved halls featuring decoration from the Rococo, Empire, and Neo-Baroque periods. There's also the Sala Terrena, full of lavish halls and artificial caves inspired by Ovid's epic poem the Metamorphoses.

The Assembly Hall in The Archbishop's Chateau (right) is one of the palace's main attractions. The baroque palace Flower Garden (above).





# **PORTUGAL**

# Sintra

### **CULTURAL LANDSCAPE OF SINTRA**

Blending the fantastical with the palatial,
Sintra—a picturesque retreat perched in the
hills near Lisbon—feels like stepping through
the pages of a Portuguese fairytale. Topped
with a palace that is the epitome of the
Romantic movement, these hills are filled with
many remarkable monuments and parks,
including the National Palace of Sintra—the
summer destination of choice for the nobility
and bourgeois since the 15th century.

In the 19th century, Sintra
became the first center of
European Romantic architecture. King Ferdinand II turned
a ruined monastery into a
castle, combining Gothic,
Moorish, and Renaissance
elements, with an accompanying park. The result was a
unique combination of gardens that
influenced the development of landscape
architecture across Europe.

Greenery thrives in this microclimate, with local species coexisting with exotic additions. King Ferdinand II restored the area's forests, planting thousands of trees to supplement the native oaks, hazels, hollies, laurels, box and umbrella pines. But it was his singular approach to the mood in the parks that make Sintra so different. They are presented as stages, spotlighting small ponds, nooks, caves, and hidden paths. Escape to a spiral staircase down into a deep well. Discover ancient hermitages and meditation retreats where people sought the wisdom of Nature. These parks and gardens make for an incredible, romantic journey.

The stunning Palace Quinta da Regaleira (left).
The Moorish Fountain (above), or Fonte Mourisca, showcases the site's rich mix of architectural styles.



# ITALY

# Caserta

#### CASERTA ROYAL PALACE AND PARK

Combining the influences of Versailles, Rome, and Tuscany, the Caserta Royal Palace and Park is one of the last great European gardens. Designed by Luigi Vanvitelli, one of the greatest Italian architects of the 18th century, this Italian masterpiece took the successes of previous designs and created a world unlike anywhere else.

A respect for, and "improvement upon," nature became the Caserta Palace's calling card, but the grounds also

card, but the grounds also drew from the trends spreading across Europe at the time—namely, providing leisure to the royals and accommodating botanical research. Hundreds of rare plants from around the world were brought to Caserta and

still grow there today. Its English Garden is one of the most important picturesque spaces ever created in Europe.

The design also shows a singular change in approach in the relationship between royals and the community. A silk factory and associated workers' homes were included in the layout, and the natural forests were incorporated into the design. Caserta is an eloquent expression of the Enlightenment, integrated into, rather than imposed upon, its natural setting.

Discover the gardens of Caserta, which stretch for almost 300 acres (120 ha). The garden's pools, fountains, and cascades alone spread across 11 acres (4.5 ha), aligned through a telescope effect. Explore this vast space on foot, bike, or horse and cart.

The Fountain of Ceres (left) is one of many impressive fountains at Caserta. Marble sculptures and grand stairs also grace the inside of the palace (above).

## **DENMARK**

# **Par Force**

PAR FORCE HUNTING LANDSCAPE OF

NORTH SEALAND North Sealand is more than a locale where travelers, historians, animals, streams, rolling hills, and forests meet. To be sure, any visitor will revel in the wonder and serenity of its vistas, but this is also a place to understand how this particular swath of Denmark represents a zenith in the world of hunting landscapes.

The nobility of Europe displayed their power through the domination of nature.

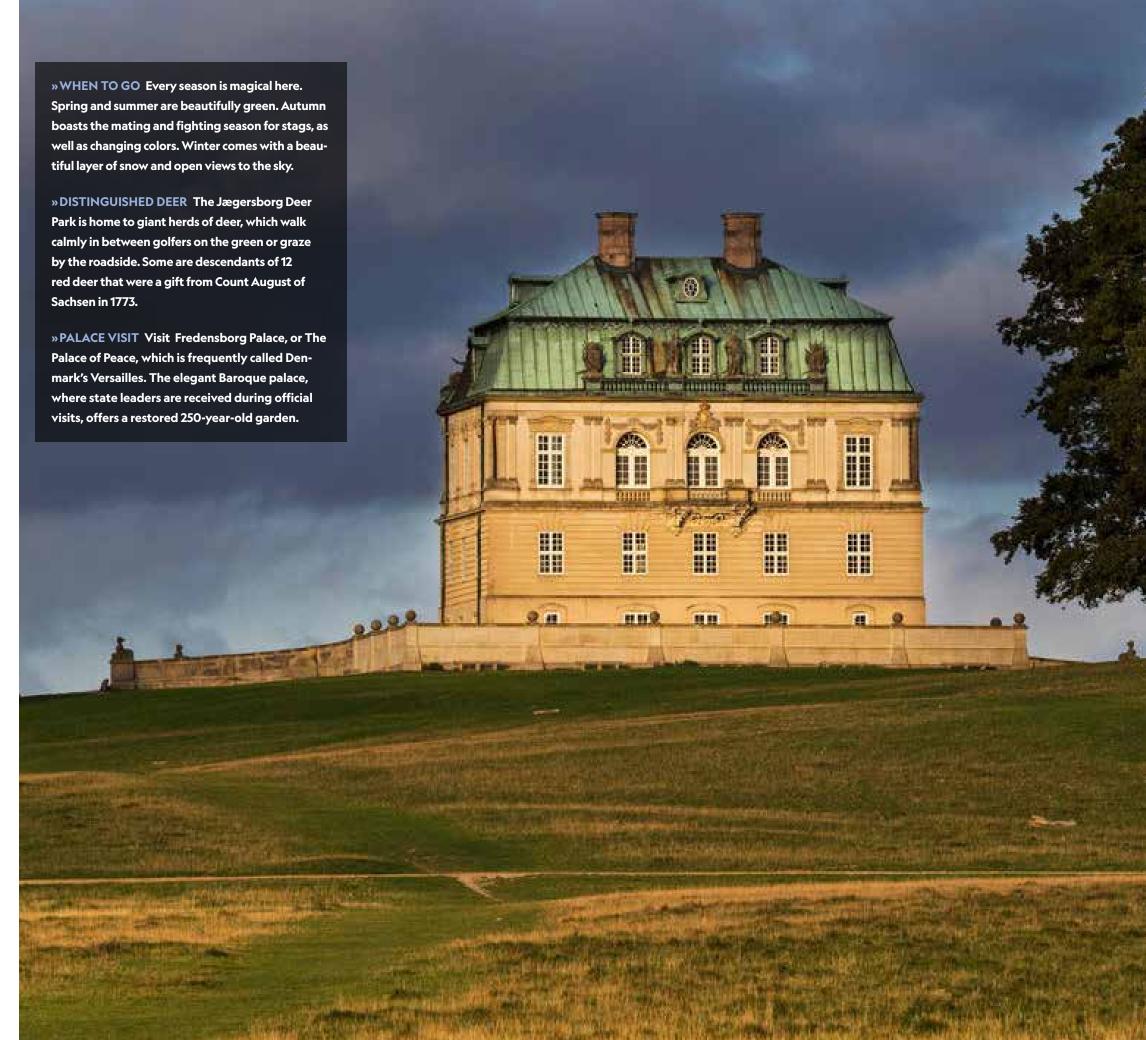


While some preferred beautiful garden arrangements, others enjoyed hunting. In North Sealand, the two are combined. In the 1670s and 80s, King Christian V created rides (manicured dirt lanes), laid out in star shapes and grid patterns based on the latest discoveries

in mathematics and geometry. Inspired by the Palace of Versailles, the king shaped the royal hunting grounds to fit the par force hunting system in which riders and dogs hunt a royal stag down long lanes to its exhaustion, whereupon the king or his distinguished guest have the honor of killing it by sword or spear. The architects numbered a series of stone posts, enclosures, and lodges to help nobles navigate the landscape.

The miles of old rides that crisscross
Gribskov Forest, the Great Deer Park, and
Jægersborg Deer Park and Enclosure don't see
much hunting anymore, but they're perfect for
exploration by bike, foot, or on horseback.
Located 19 miles (30 km) from Copenhagen,
this beautiful site is a popular place for locals
and visitors to relax and exercise.

The Hermitage Royal Hunting Lodge where kings would rest after a par force hunt (right). This landscape still supports an abundant deer population (above).



# **SPAIN**

# **Aranjuez**

#### ARANJUEZ CULTURAL LANDSCAPE

For centuries, Spanish royalty spent their spring months in a fertile valley formed by the Tajo and Jarama river basins. They came for the stunning gardens, which became Europe's most important collection of cultivated trees. The site became an incubator for the evolution of ideas about humanism and political centralization; the development of 18th-century French-style Baroque gardens; and urban lifestyle, which developed alongside

the sciences during the Age of Enlightenment.

At the end of the 15th century, Aranjuez was designated a Royal Site by the Catholic Kings who stayed here to relax, although it was the kings of the House of Austria who constructed palaces and

gardens. They avoided any unnecessary destruction; instead, they conserved and enriched the environment. Trees were imported from America and Asia until they became the most important European collection from those continents.

The Tajo River cuts through the Aranjuez landscape, creating different areas with distinct features. Wind through the La Isla Garden, where you will find fountains, waterfalls, and sculptures of mythological creatures in the orchard where Queen Isabel II once walked. El Parterre Garden has marble vases and colorful flowers sprinkled amongst hedges and crisscrossing paths. El Príncipe Garden is styled like an 18th-century English garden, with large areas for hunting and isolated pavilions for solitude.

Casa del Labrador (right), the Spanish royal's luxurious retreat in the Prince's Garden. A fountain in the Parterre Garden near the main palace (above).



# **GERMANY**

# **Potsdam**

#### PALACES AND PARKS OF POTSDAM

With over 1,236 acres (500 ha) of parks and 150 buildings constructed between 1730 and 1916, Potsdam's complex of palaces and parks embodies the biggest legacy project of the Prussian reign. Prussian rulers transformed Potsdam into one of the world's finest collections of palaces and gardens by bringing together the era's most significant architects and landscapers from Northern Germany. Within the different elements, the



work of imaginative sculptors, painters, craftsmen, builders, and gardeners has been beautifully preserved.

Potsdam's palaces and gardens date back to the 17th century, when Johann Moritz von Nassau-Siegen wrote to the Great Elector Frederick

William: "The entire Eyland has to become a paradise." Before then, the area was an uncultivated district, and not yet the one the Hohenzollern family fantasized about developing. They turned to Greece, Rome, Paris, the ancient world in Asia, and the era of Tudor-era England for inspiration.

Each ruler set a different tone for Potsdam's magnificent grounds, and thus contributed to the overall work of art: churches, palaces, mansions, stately homes, extraordinary parks, and gardens. All of this, and the Brandenburg capital, is tucked along the Havel River, creating an island town in the center of Europe. Here, life is savored. Whether you're walking through the parks or strolling through the weekly market, Potsdam is a feast for the senses.

The beautiful New Palace (right) shrouded in mist.
The Potsdam Conference, where Germany's fate was decided after WWII (above), at Cecilienhof palace.



# I Europe

# **Europe's Royal Gardens**

Royal gardens are intimate expressions of the royals who created them—a display of wealth, style, and status; a means of highlighting cultural heritage and national pride. And like Europe's artistic periods, these monarchs helped foster different garden styles that resonated throughout the continent.



Europe's royals raced to outdo each other in creating awe-inspiring gardens around their castles and estates.

#### **ITALIAN RENAISSANCE**

IMedieval gardens were practical places around monasteries where medicinal herbs and food were grown, and where one could walk for meditation and prayer. But the formal gardens that arose in Italy and France during the late-15th century made them more about beauty than function. Italian Renaissance gardens were inspired by the ancient Romans-their classical ideals of beauty, symmetry, and order. They weren't meant to be seen only through a window, but appreciated from within, and so were designed with long tunnels of greenery and shade trees, along with porticos, structures for climbing vines, impressive fountains, classical statues, and grottoes. A growing understanding of hydrology meant that water features were coveted, with spectacular fountains powered by gravity and controlled by pipes.



Though Baroque gardens were still designed with symmetry in mind, they were grander and more elaborate than Renaissance gardens, laid out with geometric precision and filled with tightly trimmed trees. Broad avenues wove around parterres: level spaces filled with low, trimmed hedges filled with flowerbeds and laid out in ornamental patterns. They were bordered by allées, or walks, dotted with fountains and statues. This style was all about conquering naturethe more manicured the garden, the better. Enormous in scale and complex in layout, these gardens were meant to impress, but also to serve as meeting places for open-air concerts and functions. The gardens of Versailles (page 96) are a great example: one that many European royals were quick to follow.



Renaissance garden at Aranjuez



Baroque Fredericksborg castle garden

# ENGLISH

In England, Charles II was keen to follow in his cousin Louis XIV's footsteps, but couldn't afford to build his own Versailles, so he made due with cutting avenues through Hampton Court Palace. Later, William II of Orange and Mary Stuart took things farther, introducing a Dutch twist on the Baroque style: it was more contained than the French version, less costly, and better suited to England's weather. But the true beauty of what became the English garden was a shift in the early 18th century to looser, less formal designs. Instead of asserting control over nature, the art of the English garden was in creating works that blended seamlessly with it. That meant meandering paths, irregularly shaped ponds, grass in place of parterres, and clumps of trees allowed to grow in natural shapes. These "landscape gardens"



Temperate House at Kew



English Garden at Versailles

helped connect a great house with the fields and woods around it—a bridge to the rest of the world rather than simply a refuge from it.

### **GREENHOUSES**

As royal gardens were turned into showcases for exotic flora and fauna, greenhouses became all the rage. Though they were used in ancient Rome, many give French botanist Charles Lucien Bonaparte credit for creating the first practical modern version in Holland in the 19th century. They were built in response to a growing interest in botany, with travelers bringing back exotic plants from distant places. In France, such greenhouses were originally called *orangeries* because they were used to keep orange trees from freezing in winter. But the golden era of such greenhouses came in Victorian England, where greenhouses at places like Kew (page 104) became much more elaborate.



## FRANCE

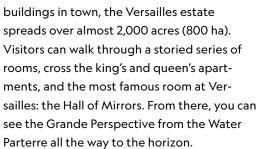
# **Versailles**

### PALACE AND PARK OF VERSAILLES

Versailles is one of the greatest achievements of French 17th-century art. In 1661, Louis XIV commissioned André Le Nôtre to design and lay out the intricate grounds—a project that took 40 years to complete. The result was certainly worth the wait. His vision became a blueprint for excellence—one that pushed royal gardens to new levels of grandeur.

In 1631, Versailles started as a hunting lodge for Louis XIII. His son, Louis XIV, built

the palace and moved the nation's government and court here in 1682. It remained the epicenter of French royal power—home to government offices and courtiers alike—until the Revolution in 1789. Including the palace, gardens, park, Trianon, and several



But you don't need to ever set foot in the palace to appreciate the artful gardens. The wonder of the Versailles gardens is in the details, and the way they combine to create a coherent vista across the entire estate. Some of the finest artists in France worked together to design the statues and fountains, all of which were submitted to King Louis XIV for approval. Thousands of men were enlisted to work on the construction of the gardens over

Versailles's flower gardens (left) inspired many European royals to create their own. The imposing main entrance of Versailles (above). four decades, and trees were brought in from different regions of France. The final result was the envy of aristocracy everywhere and was imitated for centuries.

Follow the paths past hedges and colorful flower beds, exquisite fountains, and patterns cut into the lawns. The Park at Versailles extends the gardens seamlessly thanks to two large water features: the Grand Canal and the Lake of the Swiss Guards. Deeper into the expanse, visit Marie Antoinette's idyllic private hamlet where the queen sought privacy. Wandering through the parterres or the 15 groves of the gardens, there is always something magical to discover.

The magnificent Hall of Mirrors was constructed by Jules Hardouin-Mansart in 1678 and its vaulted ceiling was painted by Charles Le Brun.

## The Trianons

In an attempt to gain respite from courtly etiquette, the kings of Versailles built themselves more intimate spaces close to the main palace.

Heavily influenced by Italian architecture,
the Grand Trianon is set over
a single story, erected by Jules
Hardouin-Mansart in 1687 and
commissioned by Louis XIV
to get away from the arduous
pomp of court and to pursue
his affair with Madame de
Montespan. In 1758, Louis
XV decided to build a new
château in the middle of his

gardens, which he had been working on for more than a decade. He commissioned royal architect Ange-Jacques Gabriel to build a royal residence large enough to house the king and some of his entourage. A few years later, Louis XVI was brought to the throne and gave the Petit Trianon and its estate to his young bride, Marie Antoinette, who rapidly made it her own and set about redecorating the exteriors in the style of Anglo-Oriental gardens.



# **BRITAIN**

# Kew

ROYAL BOTANIC GARDENS, KEW Founded by Princess Augusta in 1759, the Royal Botanic Gardens at Kew showcase the world's largest collection of living plants and fungi. The site has made a significant contribution to human knowledge and understanding of botanical diversity and how it can be harnessed for the benefit of future generations. Set on 326 acres (132 ha) of beautiful grounds on the site of the former summer residence of George III, it offers visitors access to Britain's most intimate



royal palace and a stunning place to learn about history, art, and science.

The Gardens were founded during a period of colonial exploration. The Empire's botanists saw the value of collecting species and keeping them safe in one location.

Samples from the collection were later used to create new botanic gardens in British colonies like Australia, Singapore, and Sri Lanka. Today it contains more than 33,000 species of native and exotic plants. It was also the setting for the documentary "Kingdom of Plants," which was presented by David Attenborough.

The Garden's glasshouses provide hours of fascinating discovery and a slew of inventive settings: a tropical rainforest in the iconic Palm House or giant lily pads in Waterlily House. The Temperate House has retained its Victorian splendor and is home to 10,000 plants from four continents, many of which are rare and threatened. A soaring Treetop Walkway offers a bird's-eye view of the Gardens, and two galleries dedicated to botanical art sho the beauty of flora from around the world.

The Waterlily House (right) is a show-stopper, filled with giant Amazon water lilies. The Georgian Palace (above) is less than 30 minutes from London.



# **SWEDEN**

# **Drottningholm**

## **ROYAL DOMAIN OF DROTTNINGHOLM**

This magnificent homage to Swedish history and prosperity is a European treasure and one of the best-preserved royal residences in Sweden. It was built in the 1600s by architect Nicodemus Tessin the Elder by commission from Queen Hedvig, influenced by the grandeur at Versailles. The palace and park may be near the center of Stockholm, but the overwhelming sense here is of serenity and seclusion.



This royal residence has changed according to the tastes of monarchs over the centuries. The parterre stretches out from the palace, lined by rows of trees. Fountains in the middle lead to ten pools and cascades and four carefully sculpted hedge

groves. Paths wind their way through three historical gardens, each expressing different artistic ideals.

The brightly painted Chinese Pavilion is a sight to behold, built for Queen Lovisa Ulrika in 1753 as a birthday present and filled with hand-painted paper and silk wall hangings. The Palace Theatre is particularly unique and worthy of a visit. Shows there sweep visitors up in Swedish cultural life of the 18th century, and it is one of the few theaters built in that century that is still used to stage shows with its original wooden stage machinery.

The Swedish Royal Family still resides in Drottningholm, but you are free to enter some of the most important parts of the building, Make sure to take a guided tour to immerse yourself in the site's rich history.

Sweden's Drottningholm Palace (right) is among the best-preserved royal residences in Europe. Guards pass through the royal gate (above).



# **Safeguarding World Heritage**

Tourism at World Heritage sites can help finance heritage management and local economic development, but it can also erode or destroy a site's outstanding universal values. With tourism and the number of heritage properties growing, it is important to understand how to enjoy a trip to these places without damaging the awe-inspiring sites you are exploring. These tips will help you do just that.

#### **PLAN AHEAD**

- **Start Online** Get leads on hotels, traditional food, handicrafts, or little-known archaeological sites. Read tips and blogs from other travelers and people who live in the destination.
- Think Contrarian Choose destinations off the beaten path. If the big hotels are on the north side of town, look for a quiet lodge on the south side. Is Venice too crowded? Try Siena or Aquileia. Similarly, avoiding the high season will mean less competition for accommodation, fewer jostling crowds, and more chances to interact with locals. In these pages, we have highlighted the best offpeak times to go and some off-the-beaten path experiences you might like to explore.
- Go Sustainable Before you send a room deposit, get the management to answer a few eco-savvy questions: Does the hotel recycle and buy local food? How does it deal with waste water? What has it done to help local people or protect the environment? Does it employ local people in positions of responsibility or provide training?
- Words and Phrases A few sessions with a phrase book or online tutorial will help make you a part of the place you're visiting. Language skills will also boost your confidence to bargain at a market stall or order at a neighborhood restaurant. Stick to basic phrases, but learn them well enough to use them with confidence.
- **Get a Good Book** Dig deeper into your destination's land and culture by reading up on its history.

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Then pack a piece of fiction that's set in the area you're visiting. A book about a place is like salt to a cook: it enhances the flavor.

#### ON THE MOVE

- Archaeological Sites Ancient art and buildings are fragile. The fingers' natural oils can destroy pictographs, and the touch of thousands of hands can erode petroglyphs and rock carvings. Climbing monuments can abrade building stones and sometimes dislodge them. Treat these sites as the museums they are.
- Sacred Places Visit sacred sites by invitation or in the company of a responsible guide. Wear modest clothing, talk softly, and keep your camera tucked away. This is a time for quiet reflection.
- Traditional Communities Explore a traditional village and maybe meet local residents, but be discreet and respectful of people's privacy as they go about their lives. Don't peer into houses or take photos of residents without their permission. Don't pat children on the head.
- Visit a Farm Check to see if local farms offer accommodations for visitors. Get a firsthand taste of rural life and real home cooking.
- Think Small Big experiences often come in small packages. If a hotel has only six rooms, you will probably meet the owner and maybe even the owner's family. If a restaurant has only eight tables, the food on your plate probably came from a neighborhood market.



While exploring sites like Sintra in Portugal, be mindful of what traces you leave behind.

- **Dress for Success** The "in" thing to wear back home may be risqué or even blasphemous in other cultures. Take your cue from the local people, but don't fake native either. Save the head-to-toe sari or lederhosen for admiring friends when you return home.
- Lunch Break Little neighborhood restaurants crowded with families usually means honest food, low prices, and a true taste of the locale. If you can't understand the menu, or if there is no menu, look around at what others are eating, smile at the waiter, and discreetly point.
- Slow Down Yes, you can get to that five-star site and be back at your hotel for dinner. But why rush? Stay another day and search out treasures that others pass by. Any extra money you spend will end up in the pockets of local people.

## **THINK LOCAL**

■ **Shopping** Look for crafts and souvenirs in small shops, marketplaces, and cooperatives. If the

- proprietor is embroidering a blouse as you enter, so much the better. The shorter the distance between you and the producer, the more of what you pay ends up in the pocket of the artisan.
- Insist on Quality A handicraft may be locally produced, but is it authentic? Is it a genuine expression of the culture, or an endlessly repeated copy? Did the artisan use natural materials or imported synthetics? Natural or chemical dyes? Gladly pay more for quality.
- **Get the Inside Scoop** Inquire about local guides. They'll have lots to tell about how community members interact with their environment for food, medicine, and religious observances. Your patronage encourages their passion for nature and the community's commitment to conservation.
- **Celebrations** Be on the lookout for parades, fairs, and festivities of any kind. A community that dresses up for a party is eager to show its stuff to admiring guests. Benefits multiply when you buy local handicrafts, food, and lodging.

WORLD HERITAGE JOURNEYS I EUROPE



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# World Heritage Journeys Europe

PRODUCED BY NATIONAL GEOGRAPHIC PARTNERS, LLC 1145 17th Street NW Washington, DC 20036-4688 USA

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ISSN 2160-7141

Published by National Geographic Partners, LLC,

Printed in Czechia

CREDITS: Cover, PSML/EMIGUS; 1, istockphoto.com; 2-3,Thomas Garnier; 6,UNESCO/Michel Ravassard; 7, Maran Garai/Shutterstock. com; 6-7, PSML/EMIGUS; 8-9, World Heritage; 10-11, Thierry Nava ; 12-13, Gianluca Baronchelli; 13, Gianluca Baronchelli; 14, Olena Z / Shutterstock.com; 14-15, Nessebar Municipality; 16, Trier Tourismus und Marketing GmbH; 16-17, Alex Tihonovs / Shutterstock.com; 17, Th. Zühmer/Wikipedia; 18, Galleria Borghese, Rome, Lazio, Italy/ Alinari/Bridgeman Images; 19TL, Francois Allaire; 19TR, saiko3p/ Shutterstock.com; 19BL, MUSEO DELLA CIVILTA ROMANA/Alamy; 19BR, Marco Mariani /Shutterstock.com; 20-21, Giorgos Kritsotakis/ Getty Images; 21,© Hellenic Ministry of Culture and Sports/Ephorate of Antiquities of Ilia; 22-23, Prisma by Dukas, Getty Images; 23, Fra 911/ Shutterstock.com; 24-25, Rafael López-Monné; 26, haraldmuc Shutterstock.com; 26-27, Aurelio Rodriguez; 28-29, Mila Croft/ Shutterstock.com; 29, World Heritage; 30-31, Hellenic Ministry of Culture and Sports, Ephorate of Antiquities of Argolida; 31, Dimitris Panas/Shutterstock.com; 32-33,cge2010/Shutterstock.com; 34-45,l ightpoet/Shutterstock.com; 36,S-F/Shutterstock.com; 36-37,Jan D Hondt; 38, Pecold/Shutterstock.com; 38-39, Kojin/Shutterstock. com; 40, Gabriele Maltinti/Shutterstock.com; 40-41, freeartist/Alamy Stock Photo; 42, Everett Collection/Shutterstock.com; 43TL, Pack-Shot/Shutterstock.com; 43TM,Ken Welsh/Alamy Stock Photo; 43TR, Wikipedia; 43BL, Sergio Monti Photography/Shutterstock. com; 43BR, Adwo/Shutterstock.com; 44-45, robertharding/ Alamy Stock Photo; 45, have seen/Shutterstock.com; 46, Dante Busquets/Shutterstock.com; 46-47, World Heritage; 48-49, mahout/ Shutterstock.com; 49,Pawel Kazmierczak/Shutterstock.com; 50-51, Laimonas Ciūnys /www.vilnius-tourism.lt; 51L, www.vilniustourism.lt/World Heritage; 51R, Darjus Urbanovic/Shutterstock. com; 52,ddisg/Shutterstock.com; 52-53,World Heritage; 54-55,marc\_ land/Getty Images; 55, World Heritage; 56-57, Sylvain Sonnet/ Getty Images; 59, Jochen Tack; 64, Albert Russ/Shutterstock.com; 64-65, Maran Garai/Shutterstock; 80-81, World Heritage; 81, Stefan Schiefe; 60-61, György Darabos; 61, Yannick Martinez/Shutterstock. com; 66, Jochen Tack; 66-67, Jochen Tack, Zollverein Foundation; 68,GUDKOV ANDREY/Shutterstock.com; 68-69,Pecold/Shutterstock. com; 70-71, Jochen Tack/Alamy Stock Photo; 71, Domaines des grottes de Han; 72, Philippe Le Tellier/Paris Match via Getty Images; 72-73, World Heritage; 74, Artur Grzybowski; 75T, Lars Olsson/; 75B, Society of...utier-Atimage; 76, Yannick Cadart Conseil Départemental du Pas-de-Calais; 76-77, Centre Historique Minier; 78, Michel Jolyot; 78-79, Michel Jolyot; 62, Konstantin Yolshi/ shutterstock.com; 62R,wawritt/Shutterstock.com; 62-63,Xseon/ Shutterstock.com; 82-83,Goncalo Borba/Shutterstock.com; 85,Tomas Vrtal; 86, Milan Gonda/Shutterstock.com; 86-87, Tomas Vrtal; 88-89,leoks/Shutterstock.com; 88inset,LALS STOCK/Shutterstock. com; 89,cordwainer/Shutterstock.com; 90-91,age fotostock/Alamy Stock Photo; 91, mary 416/Shutterstock.com; 92, Sune Magyar; 92-93, Arterra Picture Library/Alamy Stock Photo; 94, Architect's Eye/Alamy Stock Photo; 94-95, World Heritage; 96, Library of Congress, LC-USZ62-11988; 96-97, World Heritage; 98, adoc-photos/ Corbis via Getty Images; 99TL, akashi Images/Shutterstock.com; 99TR,RBG Kew; 99BL,Cher Nika/Shutterstock.com; 99BR,Thomas Garnier; 100-101, Chad Ehlers/Alamy Stock Photo; 101, Thomas Garnier; 102, Thomas Garnier; 102-103, Thomas Garnier; 104, Afflamen/ Shutterstock.com; 104-105, RBG Kew; 106, Gomer Swahn; 106-107,Gomer Swahn; 109,rmnune/Getty Images;